CONTACT INFORMATION

Sharon L. Ruyak, PhD, CNM, RN
Leah Albers Endowed Professor of Midwifery
Associate Professor
College of Nursing
MSC07 4380 Box 9
1 University of New Mexico
Albuquerque, NM 87131-001
Office Phone: 505-272-8599
Email: slruyak@salud.unm.edu
Licensure: New Mexico RN-77448, expires 7/2024
Certification: Certified Nurse Midwife, American Midwifery Certification Board, expires 2024

EDUCATION

INSTITUTION	DEGREE (year conferred)
University of Colorado, Denver CO College of Nursing, 2011-2014	Doctor of Philosophy (2014)
University of Colorado, Colorado Springs CO Beth-El College of Nursing, 2003-2006	Family Nurse Practitioner Certificate (2006)
Georgetown University, Washington DC College of Nursing	Master of Science, Nurse-Midwifery (1997)
Towson University, Towson MD School of Nursing	Bachelor of Science in Nursing (1987)

PROFESSIONAL EXPERIENCE

ACADEMIC AND RESEARCH

Associate Professor of Nursing	University of New Mexico College of Nursing, Albuquerque, NM	2022-present
Assistant Professor of Nursing	University of New Mexico College of Nursing, Albuquerque, NM	2015-2022
Instructor	University of New Mexico College of Nursing, Albuquerque, NM	2013-2015
Faculty/Instructor	Pueblo Community College	2011-2013

	Pueblo, CO School of Nursing	
Clinical Education Affiliate	University of Colorado, Colorado Springs Beth-El College of Nursing and Health Sciences	2007-2011
Clinical Instructor	University of Colorado, Colorado Springs Beth-El College of Nursing and Health Sciences	2004-2005

CLINICAL

Certified Nurse Midwife	Presbyterian Medical Group Albuquerque, NM	2014-2015
Certified Nurse Midwife	Colorado Springs OB/GYN Colorado Springs, CO	2006-2011
Staff Nurse	Memorial Hospital ICU Colorado Springs, CO	2004-2005
Certified Nurse Midwife	Teller County Public Health Family Planning Clinic Divide, CO	2003-2004
Staff Nurse/ Clinical Area Coordinator	Memorial Hospital Birth Center Colorado Springs, CO	2001-2004
Maternal Transport Team	Memorial Hospital Colorado Springs, CO	2001-2004
Certified Nurse Midwife	Harbor Women's Care Baltimore, MD	2000-2001
Certified Nurse Midwife	Harbor Hospital Department of OB/GYN Baltimore, MD	1999-2001
Certified Nurse Midwife	Midwifery Services at St. Agnes Hospital Baltimore, MD	1998-2000
Certified Nurse Midwife	Dr. V.L. Nimmagadda OB/GYN Baltimore, MD	1998-1999
Staff Nurse/Charge Nurse	Mercy Medical Center L&D, NICU Baltimore, MD	1989-1998
Staff Nurse	Johns Hopkins Hospital Baltimore, MD	1987-1989

PUBLICATIONS

Peer-Reviewed

Ruyak, S.L., Boursaw, B., & Cacari Stone, L. (2022). The social determinants of perinatal

maternal distress. *Journal of Rural Mental Health. 46*(4), 277-284. doi.org/10.1037/mh0000212

Ruyak, S. L., Noor, S., Sun, M., Rodriguez, D., Enriquez Marquez, L., *Milligan, E., *Bakhireva, L. (2022). Prenatal opioid use and altered immune factors in human placenta. *Experimental Neurology. 353*, 114057. doi.org/10.1016/j.expneurol.2022.114057

Hackett, J. & **Ruyak, S. L.** (2022). Holistic admissions review in nursing education: A concept analysis using Rodger's Evolutionary Method. *Nursing Education Perspectives. 43*(2), 85-90, doi: 10.1097/01.NEP.0000000000000898

Ruyak, S. L. & Kivlighan, K. (2021). Perinatal behavioral health, the COVID-19 pandemic, and a Social Determinants of Health Framework*. Journal of Obstetric, Gynecological, and Neonatal Nursing. 50*(5), 525-538, doi: https://doi.org/10.1016/j.jogn.2021.04.012

Cervantes, I., Shrestha, S., **Ruyak, S.**, & Maxwell, J. (2021). Increasing incidence of asthma in children with prenatal opioid exposure. *Journal of Pediatrics and Neonatal Medicine, 3*(1), doi: https://doi.org/10.36266/JPNM/132

Hunter, R., Kivlighan, K. T., **Ruyak, S**., Jacquez, Q., & Zychowski, K. E. (2020). Angiogenesis in wound healing following pharmacological and toxicological exposures. *Current Pathobiology Reports, 8*, 99-109. https://doi.org/10.1007/s40139-020-00212-y

Ruyak, S. & Qeadan, F. (2018). Use of the Antenatal Risk Questionnaire to assess psychosocial risk factors associated with postpartum depression: a pilot study. *Journal of Midwifery and Women's Health,* doi:10.1111/jmwh/12873

Ruyak, S., Miggliacio, L., Levi, A., & Patel, S. (2018). Role development in midwifery education a place for simulation. *Midwifery, 59,* 141-143. doi: 10.1016/j.midw.2018.01.021

Ruyak, S., Flores-Montoya, A., & Boursaw, B. (2017). Antepartum services and symptoms of postpartum depression in at-risk women. *Journal of Obstetrics, Gynecologic, and Neonatal Nursing, 46*(5), 696-708. doi.10.1016/j.jogn.2017.07.006

Ruyak, S., Wright, M., & Levi, A. (2016). Simulation to meet curricular needs in ethics. *Clinical Simulation in Nursing, 13*(3), 121-126. doi: 10.1016/j.ecns.2016.11.006.

Ruyak, S., Corwin, E., Lowe, N., & Boursaw, B. (2016). Prepregnancy obesity and a biobehavioral model for postpartum depression. *Journal of Obstetric, Gynecologic, and Neonatal Nursing, 45,* 326-338. doi: 10.1016/j.jogn.2015.12.013.

Ruyak, S. & Corwin, E. (2013). Concept analysis: Prenatal obesity a

psychoneuroimmunological perspective. *Nursing Forum, 48*(3), 174-184. doi: 10.1111/nuf.12023

Bennett, P., Emeis, C., Patterson, E., Hastings-Tolsma, M., Burton, A., Goodman, S.,…**Ruyak, S**. Williams, S. (2009). A profile of Colorado nurse-midwives: Implications for practice. *Western Journal of Nursing Research, 31*(1), 24-43.

Book Chapters

Ruyak, S. L. (2022). Psychology of pregnancy. In B. Baker & J. Janke (EDS), *AWHONN Core Curriculum for Maternal-Newborn Nursing, 6th Edition.* Elsevier.

Trott, J. A. & **Ruyak, S. L.** (2020). Genetics, social determinants of health, and policy challenges across the life span. In M.P. Moss & J. M. Phillips (EDS.), *Health equity and nursing: Achieving equity through policy*, *population health, and interprofessional collaboration.* (pp. 81-100). Springer Publishing Company.

THESES

Ruyak, S. L. (2014). *Pre-pregnancy obesity and postpartum depression: a psychoneuroimmunological perspective* (Order No. 3668155). Available from ProQuest Dissertations & Theses Global. (1647762674). Retrieved from http://search.proquest.com/docview/1647762674?accountid=14613

FUNDED RESEARCH

Extramural

Bakhireva (PI). *The Effect of the COVID-19 Pandemic on Alcohol Use and Psycho-somatic Health in Pregnant and Postpartum Women with Intersecting Vulnerabilities.* NIH/NIAAA (3 R01 AA021771-08S1) $204,647, 2020-2022

The goal of this supplement is to characterize the psycho-social effect of COVID-19 pandemic on adverse outcomes, including alcohol use, in a longitudinal birth cohort study, thus providing the foundation for future intervention studies.

Role: program director

Ruyak, S.L. (PI). *The Effect of Prenatal Opioid and Alcohol Exposure on Key Placental Immune and Serotonin Factors influenced by TLR4 Signaling Pathways.* 2019 Sigma Theta Tau/Western Institute of Nursing Research Grant. (UNM HSC HRRC#19-222). $10,000, 04/01/2020-03/31/2021.

The goal of this project is to examine the convergent effect of opioids and alcohol on key placental immune and serotonin factors.

Bakhireva (PI). *ENRICH-2: Stress Reactivity and Self-Regulation in Infants with Prenatal Alcohol Exposure.* NIH/NIAAA (2 R01 AA021771-06) $3,160,518, 2018-2023
The goal of this project is to examine the relationship between prenatal alcohol exposure, prenatal stress, biological measures of HPA axis, and physiological and behavioral measures of stress reactivity/regulation in infants.
Role: Co-Investigator

Lewis (PI). *P50 Center for Native Environmental Health Research Equity.* NIH/NIMHD (9P50MD015706-06) $698,205 2020-2021.
Nearly half of the Native American population of the United States lives in 13 western states in proximity of an estimated 161,000 abandoned hardrock mines, with more than 4,000 being abandoned uranium mines. Because of their reliance on natural resources to maintain traditional diets, lifestyles, customs and languages, these tribal communities have direct and frequent contact with metal mixtures from abandoned mine sites, creating exposures through multiple pathways including inhalation, drinking water, and ingestion of foods either directly or indirectly contaminated by migration of the wastes. The goal of this project is to develop fine-scale predictive models, ground-truthed through monitoring, and the integration of multiple exposure streams will provide a resource to not only inform policy, but aid clinicians in identifying early risks to develop prevention strategies as well.
Role: Co-investigator

Erdei (PI). *Adding mental health outcomes and socioeconomic information to exposure assessment – A pilot study on the Cheyenne River*. Native Environmental Health Equity Center P50 Pilot Project, NIH/NIEHS $14,850 (UNM HSC HRRC #) 2019-2020.
The goal of this project is to examine the contribution of metal exposures and other chemical contaminants originating from environmental injustice and socioeconomic disadvantage to mental and public health problems, forming at least part of the indigenous environmental trauma and mental health crisis framework.
Role: Co-investigator

Ruyak, S. L., Contact PI/Del Fabbro Co-PI. *A Journey to Empowerment and Health: Building the New Mexico Perinatal Mental Health Improvement Network.* Patient-Centered Outcomes Research Institute (PCORI) (7693777) $41,138.00, 2017-2018.

Intramural

Ruyak, S.L. PI. *The relationship between prenatal opioid use and altered immune and serotonin factors in human placenta.* University of New Mexico, Clinical and Translational Science Center (UL1TR001449; CTSC006-7) (UNM HSC HRRC#19-222). $25,000, 10/01/19-09/30/20.
The goal of this project is to examine the sex-specific effect of POE on the expression of placental immune and serotonin signaling factors in human placenta tissue obtained from a well-characterized prospective cohort with information about prenatal exposures via repeated assessment (interviews and biomarkers).

Ruyak, S. L. PI. *Embodiment of maternal distress: links in the maternal, placental and fetal environment.* University of New Mexico, Health Sciences Center and the College of Nursing (UNM HSC HRRC #17-332) $20,000, 2018.
The goal of this project was to was to examine associations between prenatal individual and social determinants of health (experience of discrimination, perceived neighborhood disorder), symptoms of PMD (anxiety, depression, perceived stress), and expression of proinflammatory cytokines (Il-1β, IL-6, TNF-α) and symptoms of PMD postpartum.

Ruyak, S. L., PI. *Healthier mothers and infants: expanding telehealth to improve symptom management of perinatal maternal distress.* University of New Mexico, College of Nursing (UNM HSC HRRC #16-381) $10,000, 2017.

Ruyak, S. L., PI. *Psychosocial and genetic predictors of postpartum depression: the search for clinical intervention points during pregnancy.* University of New Mexico, Clinical and Translational Science Center ((UL1TR001449; CTSC006-7) (UNM HSC HRRC# 15-599) $22,040, 2016-2017.

HONORS AND AWARDS

2022 Leah Albers Endowed Professor of Midwifery

2021 Rosenblum-Weiss Endowment for Women's and Children's Health

2020 AWHONN Outstanding Research Study Poster Award

2019-2024 Invited member Editorial Advisory Board *Biological Research in Nursing*

2018-2020 Invited member Editorial Advisory Board *JOGNN*

2015 National Institute of Nursing Research, Intramural Research Training Award
Summer Genetic Institute Fellow

PODIUM PRESENTATIONS

National

Ruyak, S., Williams, J., Sanjuan, P. & Aguayo, S. ***A Journey to Empowerment and Health: Building the New Mexico Perinatal Mental Health Improvement Network.*** Perinatal Connect Conference: Engaging Rural Communities to Improve Maternal Mental Health Outcomes. Iowa. April 23-24, 2021 (virtual)

Cervantes, I., Shrestha, S., **Ruyak, S.**, & Maxwell, J. ***Increasing Incidence of Asthma in Children with Prenatal Opioid Exposure.*** 2021 Virtual Western Medical Research Conference. January 29-30, 2021.

Bakhireva, L. N., **Ruyak, S.**, Roberts, M., Rodriguez, D., Leeman, L., Stephens, J., & Maxwell, J. ***Multi-modal Assessment of Stress-Reactivity and Self-regulation in the Newborn Period in a Prospective Cohort Study of Moderate Alcohol Exposure.*** Society for Birth Defects Research and Prevention, 60th Annual Meeting - Honoring Teratologies Roots, Growing a Healthier Future. June 25-July2, 2020 (Virtual). *Birth Defects Research, 112,* 832. https://doi.org/10.1002/bdr2.1760

Ruyak, S. ***Antepartum Services Prevent Symptoms of Postpartum Depression in Some at-risk Women.*** Western Institute of Nursing Research, 50th Annual Conference: 50 Years of Leadership: Continuing the Vision. Denver, Colorado. April 19-22, 2017.

Ruyak, S. ***Pre-pregnancy Obesity and Postpartum Depression: a Predictive Model.*** Western Institute of Nursing Research, 48th Annual Conference: Equity and Access: Nursing Research, Practice, and Education. Albuquerque, New Mexico. April 22-25, 2015.

Local

Ruyak, S. ***Perinatal Maternal Distress and Maternal Ecology.*** University of New Mexico, Department of OB/GYN Grand Rounds. August 9, 2019.

Latendresse, G. & **Ruyak, S.** ***Telemental Health: Using Technology to Improve Outcomes for Mothers, Babies, and Families.*** 2018 Annual Women's Health Conference: Caring for Women through Shared Decision Making in Today's Social and Medical Context. Albuquerque, New Mexico. February 23-24, 2018.

Ruyak, S. ***Prenatal Stress: a Psychoneuroimmunological Perspective.*** New Mexico Infant Mental Health Association, 2015 Annual Meeting: Continuum of Care: IMN Through Different Lenses. Albuquerque, New Mexico. January 23, 2015

POSTERS

International

Rodriguez, D., Ruyak, S. L., Chambers, S., Ma, X., Stacy, L., Roberts, M., De La Garza, R., Bakhireva, L. ***The Effect of the COVID-19 Pandemic on Psychosomatic Health in Pregnant and Postpartum Women with Intersecting Vulnerabilities.*** Research Society on Alcoholism, 43th Annual RSA Scientific Meeting/ISBRA Congress. Orlando, Florida, June 25-29, 2022.

Ruyak, S.L., Milligan, E.D., Solomon, E., Allen, A., Ma, X., Weinberg, J., Roberts, M.H., Rodriguez, D., Enriquez Marquez, L., Raj, R., Stacy, L., Jacobson, S.W., & Bakhireva, L.N. (2021). ***Psychosocial Stress during Pregnancy affects Placental Programming of***

Hypothalamic Pituitary Adrenal Axis. *Birth Defect Research*, *113*, 814. https://doi.org/10.1002/bdr2.1928

Ruyak, S. L., Maxwell, J., Roberts, M., Rai, R., Stacy, L., DiDomenico, J., Jacobson, S., & Bakhireva, L. (2021). ***Maternal Adverse Childhood Experiences, Prenatal Alcohol Exposure, and Infant Neurobehavior****. Alcoholism: Clinical and Experimental Research*, *45*(S1), 104A. https://doi.org/10.1111/acer.14627

Enriquez Marquez, L., Rodriquez, D., Ma, X., Roberts, M., **Ruyak, S.,** & Bakhireva, L. (2021). ***Alcohol Use, Psychological Stress, and Mental Health in U.S. Spanish and English-Speaking Pregnant Women***. *Alcoholism: Clinical and Experimental Research*, *45*(S1), 176A. https://doi.org/10.1111/acer.14627

Rodriguez, D., Roberts, M., Ma, X., Enriquez Marquez, L., Stacy, L., **Ruyak, S.**, Beauchamp, K., Maclean, P., & Bakhireva, L. (2020). ***Maternal Distress, Social Support, and Alcohol Use in Pregnancy.*** *Alcoholism: Clinical and Experimental Research*, *44*(S1), 75A. https://doi.org/10.1111/acer.14358

Rodriguez, D., Roberts, M., Ma, X., Enriquez Marquez, L., Stacy, L., **Ruyak, S.**, Beauchamp, K., Maclean, P., & Bakhireva, L. ***Maternal Distress, Social Support, and Alcohol Use in Pregnancy.*** Research Society on Alcoholism, 43rd Annual RSA Scientific Meeting/ISBRA Congress. New Orleans, Louisiana. June 20-24, 2020. https://doi.org/10.1111/acer.14627

Maxwell, J., **Ruyak, S.**, Roberts, M., Ma, S., Beuachamp, K., Rodriquez, D., Enriquez Marquez, L., & Bakhireva, L. ***Moderate Prenatal Alcohol Exposure, Maternal Stress, and Infant Behavioral Reactivity and Regulation.*** Research Society on Alcoholism, 43rd Annual RSA Scientific Meeting/ISBRA Congress. New Orleans, Louisiana. June 20-24, 2020. https://doi.org/10.1111/acer.14627

Ruyak, S. ***Gene x Environment Interactions in Postpartum Depression: A Novel Biobehavioral Transactional Model.*** International Society of Nurses in Genetics, 2016 ISONG World Congress: Integrating Genetics Across Nursing Practice. Dublin, Ireland. August 4-6, 2016.

National

Cervates, I., Shrestha, S., **Ruyak, S.** & Maxwell, J. ***Prenatal Opioid Exposure Results in Increased Incidence of Asthma During Childhood.*** Pediatric Academic Societies 2021 Virtual Meeting.

Ruyak, S., Boursaw, B., & Cacari-Stone, L. (2020). ***Associations among Individual and Environmental Determinants of Health and Symptoms of Perinatal Maternal Distress.*** 2020 AWHONN Convention, Virtual, November 1-4, 2020. *Journal of Obstetrics, Gynecological, and Neonatal Nursing, 49*, S24-S25. https://doi.org/10.1016/j.jogn.2020.09.024

Bakhireva, L. **Ruyak, S.**, Roberts, M. Rodriquez, L., Leeman, L., Stephen, J., & Maxwell, J. ***Multi-modal Assessment of Stress-Reactivity and Self Regulation in the Newborn Period in a***

Prospective Cohort Study of Moderate Alcohol Exposure. Society of Toxicology. 59th Annual Meeting and ToxExpo. Anaheim, California, March 15-19, 2020.

Maxwell, J., **Ruyak, S.**, Roberts, M., Ma, S., Beuachamp, K., Rodriquez, D., Enriquez Marquez, L., & Bakhireva, L. ***Correlations of Maternal Stress and Infant Behavioral Reactivity and Regulation in Prenatal Alcohol Exposure.*** Pediatric Academic Societies Meeting. Philadelphia, Pennsylvania. April 29-May 6, 2020.

Ruyak, S., Rodriquez, D., Enriquez Marquez, L., Noor, S., Sun, M., Milligan, E., & Bakhireva, L. ***Functional Responses of Human Placental Tissue to Opioids: TLR4 Signaling.*** Western Institute of Nursing Research, 20/20 and Beyond: Envisioning the Future of Nursing Research, Practice, and Education. Portland, Oregon, Virtual April 15-18, 2020***.***

Ruyak, S., DelFabbro, A., & Roper, S. ***Healthier Mothers and Infants: Expanding Telehealth to Improve Maternal Distress.*** Western Institute of Nursing Research, 51st Annual Communicating Nursing Research Conference. Spokane, Washington. April 11-14, 2018.

Ruyak, S*. Embodiment of Distress: Links in the Maternal, Placental, and Fetal Environment.* Western Institute of Nursing Research, 51st Annual Communicating Nursing Research Conference. Spokane, Washington. April 11-14, 2018.

Ruyak, S. ***Pre-pregnancy Obesity and Postpartum Depression: A Psychoneuroimmunological Perspective.*** American College of Nurse-Midwives, 60th Annual Meeting and Exhibition: Forging our Future. National Harbor, MD. June 27-July 1, 2015.

Ruyak, S. & Wright, M. ***An Innovative Longitudinal Approach to Community Health.*** National League for Nursing, Education Summit. Phoenix, Arizona. September 9-7, 2014

Ruyak, S. & Lowe, N. ***A Psychoneuroimmunological Framework for the Study of Postpartum Depression.*** Western Institute of Nursing Research, 46th Annual Communicating Nursing Research Conference. Anaheim, California. April 10-13, 2013.

Bennett, P., Emeis, C., Patterson, E., Hastings-Tolsma, M., Burton, A., Goodman, S., Koschoreck, K., **Ruyak, S**., Tanner, T., Vaughn, T., Williams, A. ***Colorado Nurse Midwives: Practice Profiling for Health Policy Impact.*** National Nursing Centers Consortium 6th Annual Conference. Washington, D.C. October 7-9, 2007.

Burton, A., Bennett, P., Emeis, C., Goodman, Hasting-Tolsma, M., S., Koschoreck, K., Patterson, E., **Ruyak, S**., Tanner, T., Vaughn, T., Williams, A. ***Colorado Nurse Midwifery Practice Survey.*** ACNM Colorado Chapter V-03 Annual Fall Symposium. October 5, 2007.

Local

Ruyak, S., Noor, S., Sun, M., Fernandez Oropeza, A., DiDomencio, J., Rodriguez, D., Enriquez Marquez, L., Bakhireva, L. & Milligan, E. ***Evidence for Placenta SLC6A4 Dysregulation in***

Prenatal and Alcohol Exposure. 2021 Brain and Behavioral Health Annual Research Day. April, 9, 2021.

Stacy, L., Rodriquez, D., Enriquez-Marquez, L., Rai, R., Chambers, S., **Ruyak, S**., & Bakhireva, L. ***Targeted Measures to Enhance Research Conduct During the COVID-19 Pandemic in the Field of Brain and Behavioral Health.*** 2021 Brain and Behavioral Health Annual Research Day. April, 9, 2021.

Enrirquez Marquez, L., Rodriguez, D., Ma, X., Roberts, M. **Ruyak, S**., Jacobson, S., & Bakhireva, L. ***Alcohol Use, Psychological Stress, and Mental Health in U. S. Spanish and English-Speaking Pregnant Women***. April 9, 2021.

Cervantes, I., Shrestha, S., **Ruyak, S.**, & Maxwell, J. ***Increasing Incidence of Asthma in Children with Prenatal Opioid Exposure.*** University of New Mexico, 2020 Pediatric Research Week.

Reviewing

Invited

Psychoneuroendocrinology – 2016
Biological Research for Nursing – 2016, 2018
Journal of Affective Disorders - 2018
International Journal of Nursing Science -2018

Regular/ongoing

Biological Research for Nursing – 2020-present
Journal of Obstetrics, Gynecologic, and Neonatal Nursing – 2016-present
Journal of Midwifery and Women's Health – 2008-present

Professional Organizations

Society for Birth Defects Prevention and Research: 2021-
Western Institute of Nursing Research: 2017-present
    2015, 2017 Planning Committee
American Nurses Association: 2016-present
International Society of Nurses in Genetics: 2015-2019
American College of Nurse Midwives, New Mexico Affiliate: 2014-present
Association of Women's Health, Obstetric and Neonatal Nurses: 2008-present
American College of Nurse Midwives, Region V, Chapter 3: 2006-2014
Sigma Theta Tau International Honor Society of Nursing: 2004-presnt
    Gamma Sigma Chapter, Secretary - 2015

American College of Nurse Midwives: 1997-present

Professional Service

National

National Institutes of Health, Center for Scientific Review, Early Career Reviewer: 2021

AWHONN Research Advisory Panel: 2021

Local

New Mexico Chapter, Postpartum Support International, member board of directors - secretary

---

Academic Service

UNM College of Nursing

Faculty Affairs Committee: 2020-present
Chair College of Nursing Research and Scholarship Committee: 2019-20250
Chair Search Committee - – tenured associate/full professor biobehavioral
Chair Search Committee – tenured associate/full professor public health/emergency preparedness
Search Committee – Interim Education Chair: 2017
Research and Scholarship Committee Chair: 2017-2019
Diversity and Inclusion Advisory Council: 2016-present
Faculty Development and Leadership Committee: 2015-2018
PhD Committee: 2015-present
Nominating Committee 2014-2015
Undergraduate Committee: 2013-2015
NMNEC Faculty Development Committee: 2013-2015
Undergraduate Testing Committee: 2014-2015

UNM Health Sciences Center

UNM HSC Council At Large Representative: 2018 to present

UNM

Committee on Governance: 2020-present
Substance Use Disorder Grand Challenge Steering Committee: 2021 - present

---

Mentoring Activities

PhD Students
Dissertation Chair (Starr Tomlinson 2020-present)
Dissertation Chair (Janna Hackett 2020 – present)
Dissertation Committee Member (Michelle Kashuba 2020 - present)
Dissertation Committee Member (Amanda Heffernan 2018 - present)
Dissertation Committee Member (Krista Scorsone – 2017 – 2019) *Exploring Individual Experiences Obtaining Medication-Assisted Treatment for Opioid Use Disorder in Rural New Mexico*

DNP Students
Committee Member (Michael Palacio 2020-2021) *Biopsychosocial Multidisciplinary Treatment Impact on Risk of Opioid Misuse*

Courses Taught at UNM

Graduate

N715: Genetics and Genomics for Advanced Practice Nursing – online, synchronous
N601: Theory 1: Methods and Processes of Nursing Knowledge Development – online, synchronous
N602: Theory 2: Contemporary Substantive Nursing Knowledge – online, synchronous
N613: Mixed Methods Research - online
N691: Independent Study in Applied Methods in Secondary Data Analysis
N501: Theoretical Foundations of Advanced Nursing- online
N552: Evidence Based Care in Nurse Midwifery – online, synchronous
N548: Women's Health – Nurse-Midwifery Faculty Liason
N544: Antepartum/Postpartum - Nurse-Midwifery Faculty Liason

Undergraduate

N498: Honors Study in Nursing – online, hybrid
N405: Genetic Literacy Across the Lifespan – Course coordinator, online
N454: Nursing Synthesis
N429: Special Populations in Obstetrics - hybrid
N401: Maternal Newborn Clinical Intensive - hybrid
N351: Health and Illness I – Course coordinator, in-person
N340: Advancement of Professional Nursing – Course coordinator, online

N 332: Introduction to Nursing Research and Evidence-Based Practice