

Carolyn Bottone-Post, DNP, CNM

Position: Assistant Professor
School of Nursing
College of Natural and Health Sciences
University of Northern Colorado
Greeley, CO 80639

Education: 2016
Doctor of Nursing Practice-APRN
Regis University, Denver, CO
Graduate Honors

1986
Master of Science in Nursing-Nurse-Midwifery
University of Pennsylvania
Philadelphia, PA

1985
Bachelor of Science in Nursing
Double Major in Health Care Management
Metropolitan State College, Denver, CO

1976
Associates in Applied Science
Middlesex County College
Edison, NJ

Work Experience: April 2019 to September 2020

A Women's Healing Center, Fort Collins, CO
Part time CNM in OB-GYN office
Provided ambulatory OB-GYN, women's health, family planning

August 2018 to August 2019

Sunrise Adelante Clinic, Greeley, CO

Part-time CNM in FQHC

Provide ambulatory OB-GYN, women's health, FP services

May 2014-July 2017

Womancare Nurse-Midwifery, Fort Collins, CO

Per diem Certified Nurse-Midwife

Provided ambulatory care services for obstetric, gyn and women's health care patients

September 2004-June 2013

Denver Health Medical Center OB Screening Room, CO

Performed emergency triage for OB patients over 20 weeks

Provided SROM & labor checks, AFI's, NSTs, PIH & PTL evaluations

Conducted complex medical evaluations. for non-obstetrical complaints in pregnant patients

Precepted RN, CNM, NP, PA students and resident staff

Policy and procedures committee member

Scheduling for CNM staff and scheduling committee member

March 2001-July 2015

Women First Nurse-Midwives, Loveland, CO

Staff Certified Nurse-Midwife

Provided full-time, full-scope nurse-midwifery services until 2006, then provided per diem ambulatory care services for obstetric, gyn and women's health care patients

Precepted pre-licensure, CNM and NP students

Member CO Performance Excellence Committee

May 2000-May 2007

University of Colorado Health Sciences Center, Denver, CO

Clinical Faculty School of Nursing-Midwifery Faculty Practice

Full-time, full scope midwifery in tertiary care center

Primary preceptor for one or more midwifery students each semester

Provided clinical performance appraisals, feedback, etc.

August 2000-June 2001

Women's Choice-Rose Midwives, Denver, CO

Full-time, full scope midwifery within a Level II hospital

Precepted antepartum and intrapartum CNM students

Provided 1st assist for cesarean sections

December 1992-September 2000

Rocky Mountain Planned Parenthood: Float Pool CNM/NP, CO

Well woman exams, family planning services, pap follow-ups.

Staffed Rose Midwifery Prenatal Clinic

January 1997-July 2000

Maternal Care Center, Thornton, CO

Full-time, full scope midwifery

Provided outreach to high risk teens in high school satellite clinic

Coordinated Colorado Women's Cancer Control Initiative for Office

July 1995-September 1996

Harmony Center for Women, Fort Collins, CO

Full-time, full scope in physician office

Performed transvaginal ultrasounds, cryotherapy, intrauterine insemination

Studied with Reproductive Endocrinologist observing monitored cycles, medication manipulation, sperm washing

April 1987-July 1995

Womancare Nurse-Midwifery, Fort Collins, CO

Partner in a full-time, full scope CNM practice

Precepted many students, various educational programs

December 1986-June 1987

Larimer County Health Department, Fort Collins, CO

Provided family planning services, STI screening, treatment and counseling

August 1982-April 1985

McKee Medical Center, Loveland, CO

Staff nurse ICU/telemetry when full time

Second RN L&D, postpartum, level II nursery when part-time/per diem

October 1981-August 1982

Denver General Hospital, Denver, CO

Staff nurse surgical ICU

August 1980-August 1981

Somerset Medical Center, Somerville, NJ

Staff nurse L&D, postpartum, Level II nursery

February 1978-August 1980

Muhlenberg Hospital, Plainfield, NJ

Staff nurse mixed med-surg ICU

August 1976-February 1978

Raritan Valley Hospital, Greenbrook, NJ

Staff nurse mixed medical/telemetry/oncology unit

June 1976-August 1976

Newcomb General Hospital, Vineland, NJ

Worked as graduate nurse on med-surg unit until board results available

**Professional
Academic:**

August 2017-present

University of Northern Colorado, Greeley, CO

Assistant Professor

Responsible for on-campus didactic, lab and simulation instruction of students enrolled in the FNP program, emphasizing OB-GYN and Advanced Health Assessment topics. Teach classes utilizing online or hybrid format for pre-licensure/dual enrollment or RN-to-BSN students. Develop simulations to enhance FNP student skill development in radiology. Help coordinate graduate simulation program and use of standardized patients. Developing OB labs for course eliminating clinical hours.

July 2011-August 2017

University of Northern Colorado, Greeley, CO

Adjunct Faculty

Taught in OB labs and simulation days, OB clinicals, health assessment labs and simulations, fundamentals labs, simulation, and clinicals, n440 didactic.

February 2015-August, 2017

Aims Community College, Greeley, CO

Provided didactic, laboratory and clinical instruction for Fundamentals and Health Assessment, and Maternal-Child Health. Didactic, lab and simulation responsibilities for Med-Surg. Simulation for Transition to Practice.

May 2011-May 2015

Metropolitan State University of Denver, CO

Affiliate Faculty

Provided lab instruction for Foundations and Health Assessment students in the accelerated and 2nd degree programs. OB clinical instructor.

June 2009-January 2018

University of Phoenix, Denver, CO

Affiliate Faculty College of Nursing (on ground)

Provided didactic instruction in the LPN-to-RN and RN-BSN tracks. Courses taught: Physical Assessment, Pathophysiology, Maternal-Child Nursing

November 2009-Present

Colorado Christian University, Denver, CO

Affiliate Faculty

Consultant in development of hybrid model OB nursing course. Taught OB labs Spring 2014, Summer 2017

Area of Specialization: Midwifery, obstetrics, maternal-child nursing, health assessment, simulation

Research Areas/Interests: High and low fidelity simulation, postpartum hemorrhage, standardized patients, deliberate practice, developing clinical judgment and critical thinking, simulation for resource scarce areas

Publications: DNP Capstone Project
Bottone-Post, Carolyn L. (2016). Postpartum Hemorrhage Simulation Project. A Regis University capstone project published in the digital repository: <http://epublications.regis.edu/theses/734/>

Professional Presentations: Non-juried

April 17, 2016 Invited Presentation Sigma Theta Tau Omicron Zeta Chapter Spring Event
Postpartum Hemorrhage Simulation Project

October 23, 2016 Invited Presentation Sigma Theta Tau Alpha Kappa At Large Fall Event
Postpartum Hemorrhage Simulation Project

Funded Projects: None

Professional Consultation: 2010
Colorado Christian University
Helped develop hybrid model OB nursing course

Professional Association Participation: Sigma Theta Tau Inducted December 1986
American College of Nurse-Midwives (ACNM) 1985-2013
ACNM Region V, Chapter 13: founding member, Secretary, 1990-1994, Co-Chair 2009-2011
ANA/CNA member
American Midwifery Certification Board: ongoing Certification

Community Service: 2016
Project Cure: Women's Cancer Screening and Treatment Medical Mission trip, Loma Plata, Paraguay.

2016
Project Cure: Essential Care for Every Baby and Helping Mothers Survive Bleeding After Birth Teaching trip to Akyem, Ghana

2015
Project Cure: Master Trainer for Helping Babies Breathe Mission trip to Chiapas, MX May 2015 to "train the trainer"

University Service: 2017-2018, 2018-2019, 2019-2020
Member of NFSO, UCO, LRC, Simulation users group.

**Graduate Student
Committees:**

Masters Comprehensive Exam Committees
Spring 2018

Stephanie Wyttenbach: "Education in the Primary Care Setting for Lactating Patients"; committee chair

Rachel McLean: "Parental Decision Making on Circumcision and the FNP Role" ; committee member

Tricia Staats "Implementation of Tai Chi for Fall Reduction"; committee chair

Scott Parker, "Preventing Overweight and Obesity in College Students"; committee member

Fall 2018

Heidi Burnett: "Motivational Interviewing for the Management of Obese Adolescents"; committee chair

Hong Dang: Provider-based Educational Interventions May Potentially Reduce Antibiotic Resistance; committee member

Nicole Suppes: Postpartum Depression; committee chair

Ryan Kennard: Genetic Testing for MTHFR Gene Variation; committee member

Katy Pfiffner: Group B Strep Colonization in Pregnancy; committee chair

Rebekah Hartford (AGACNP): Enhanced Recovery; committee member

Fall 2019

Fall 2020

Teaching:

University of Northern Colorado

NUR 382 Patient Centered Care Concepts Across the Lifespan Summer, 2017, Fall, 2017, Spring, Summer 2018; Fall, Spring, Summer 2019; Spring, Summer, Fall 2020

NUR 312/314 Health Assessment Lab Summer 2013, 2014, Fall, 2014, Summer, 2017

NUR 324 Foundations Lab (with clinical group) Summer 2014; Lab only Summer 2017

NUR 329 On-line Health Assessment (RN-BSN)

NUR 420 OB skills lab, simulation and clinical faculty multiple academic years

NUR 440 Issues in Professional Nursing Summer 2015

NUR 613 Advanced Physical Assessment Fall, 2017, 2018, 2019, 2020

NUR 640 Healthcare of Families I Fall 2017, Spring 2018

NUR 645 Healthcare of Families II Spring 2018

NUR 654 Acute Care of Adults Spring 2018, Spring 2019

NUR 656 Chronic Care of Adults Spring 2019 Simulation and live-stream

NUR 674 Care of Women and Pediatric Populations Summer 2018, 2019, 2020

NUR 676 Advanced Topics Spring 2019, Fall 2020

Aims Community College

NUR 109 Fundamentals of Nursing/Health Assessment Fall 2015, 2016

NUR 150 Maternal-Child Nursing Spring 2015, 2016, 2017

NUR 106 Med-Surg Nursing Spring 2016, 2017

NUR 230 Transition to Practice Spring 2017

Metro State University of Denver

Health Assessment Labs: two concurrent sections Spring 2014

OB Clinical rotations Fall 2011, Fall 2014

University of Phoenix (on-ground)

NUR 426 Pathophysiology: 2 complete courses

NUR 435 Maternal-Child Nursing: two complete courses, substitute for two class sessions

NUR 435 Maternal-Newborn Nursing: developed and implemented OB Clinical Boot Camp for lab/simulation

Colorado Christian University
OB Skills Labs Spring 2014, Summer 2017

**Professional
Development
Activities:**

AWHONN
On-line Webinars various topics
4.05 contact hours

August, 2018
Nurse Tim On-line Webinars various topics
8.5 contact hours

July 9-13, 2018
NEC in the Rockies
15 contact hours

AWHONN Conference
April 27, 2018
7.2 contact hours

January 14, 2018
Transfer of Fresh vs Frozen Embryos in Ovulatory Women
NEJM online CME (1 contact hour)

January 3, 2018
Acute Pyelonephritis in Adults
NEJM online CME (1 contact hour)

January 3, 2018
Contemporary Hormonal Contraception and Risk of Breast Cancer
NEJM online CME (1 contact hour)

November 15, 2017
Education Management Solutions Simulation Development Day
Explore and network with sim users at UCCS

November 4, 2017
Bugs and Drugs: New Trends in Infectious Disease Management and
Treatment (7 contact hours)

September 18, 2017
Safe Deliveries: Improving Pregnancy Outcomes (4 contact hours)

February 28, 2017
NLN Simulation Webinars (4 for 8 contact hours) [Certificates in digital
measures]

February 21, 2017
NLN Simulation Webinars (5 for 10 contact hours) [Certificates in digital
measures]

October 27, 2016
NLN Simulation Webinars (3 for 6 contact hours) [Certificates in digital measures]

October 25, 2016
NLN Simulation Webinars (3 for 6 contact hours) [Certificates in digital measures]

Summer, 2017
Nurse Educators Conference (NEC) in the Rockies

Summer, 2018
NEC in the Rockies
Attendee and poster presenter

Spring, 2018
National Organization of Nurse Practitioner Faculty (NONPF)
Attendee and poster presenter

October 16-18, 2020
23rd Annual Nurse Practitioners in Women's Health Virtual Conference

October 16, 2020
CO ACNM Virtual Symposium
Attendee and poster presenter

Honors and Awards:

STTI Alpha Kappa-At-Large Chapter Scholarship 2015

Friends of Nursing Scholarship, Claire Sandiekian Award 2015

CU Denver Department of OB-GYN Annual Midwife Teaching Appreciation Award 2013

CAHEC Regional Award for Excellence in Human Caring 2003

Nightingale nominee 2003

Nurse Midwives in Regional Planning Grant: Academic Years 1985-1986, 1986-1987. Full tuition grants awarded for demonstrated commitment to medically underserved and underinsured women