

## Bridget O. Howard, CNM, MSN

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### Employment

**Manager Advance Practice Providers Women's Health.** Penn Medicine: Hospital of the University of Pennsylvania, Philadelphia, PA. 12/18-present. Responsibilities include operational, organizational, departmental, and service line missions, human resource needs, workforce planning, development of staffing models, orientation, onboarding, professional development, develop pilot programs/processes, employee engagement and satisfaction, budget proposals and planning, and partnership between the clinical service / service line and the Department of Advanced Practice. Collaborate with medical staff leadership in their respective division to maintain oversight of the implementation of performance measures and other operational goals. Transitions to Practice Programming across entities. Co-chair of Women's Health Patient and Family Advisory Council; Department of Obstetrics and Gynecology Health Equity Working Group; Department of OB GYN Anti-Racism Book Club Committee member and facilitator. Pennsylvania Perinatal Quality Collaborative: Neonatal Abstinence Syndrome, Postpartum Mood Disorders; Opioid Crisis Reduction.

**Certified Nurse Midwife.** Lawrence Obstetrics and Gynecology, Lawrenceville, NJ. 5/13 to 11/18. Full-scope midwifery care in private practice with offices in Lawrenceville, NJ, Hamilton, NJ, Bordentown, NJ and Yardley, PA. EMR documentation: OB Trace Vue, All Scripts and Athena. Collaborative care with physicians for high-risk patients. Precepting: CNM, CM, WHNP and FNP students. Hospital affiliation: Capital Health System, Hopewell Campus.

**Certified Nurse Midwife.** Perinatal Evaluation Center, Hospital of the University of Pennsylvania, Philadelphia, PA. 9/12 to present. Triage and management of acute and chronic obstetric and primary care health diagnoses. Ultrasound for presentation and Biophysical Profiles. EMR documentation: Centricity Perinatal/QS and Epic. Teaching: medical students, ED and OB interns and OB residents.

**Adjunct Faculty.** Jefferson- Philadelphia University + Thomas Jefferson University, Midwifery Institute, Philadelphia, PA. 12/10 to 5/19. Midwifery faculty of synchronous and asynchronous Problem Based Learning philosophy online program.

Courses taught:

- Advanced Pharmacology I
- Advanced Pathophysiology and Physiology of Primary Care
- Advanced Physical Assessment
- Healthcare of Women
- Professional Issues
- Health and Lifestyles
- Advanced Anatomy and Physiology

Interviewing for prospective students. Teaching, grading in Blackboard, PBL case studies, research and reports; Mastery Review for exams; Remediation Reviews; Developing Learning Plans, curriculum and Blackboard Exams; On-campus Skill Sessions: H&P, Skills Lab and FOSCE (formative objective structured clinical examinations).

**Certified Nurse Midwife.** Penn OB/GYN Associates, Philadelphia, PA. 9/06 to 5/13. Full-scope obstetric and gynecology care at the Clinical Practices of the University of Pennsylvania. Collaborative care practice including physicians, CNM's and CRNP's. EMR documentation: Epic. Precepting: CNM, WHNP and RN students from University of Pennsylvania, School of Nursing and CNM students from Midwifery Institute at Philadelphia University. Faculty for Obstetric and off-service

Emergency Department residents and medical students from University of Pennsylvania, School of Medicine. Hospital affiliation: Hospital of the University of Pennsylvania.

**Certified Nurse Midwife.** Lawrence Obstetrics and Gynecology, Lawrenceville, NJ. 9/03 to 9/06. Full-scope midwifery care in private practice with offices in Lawrenceville, NJ and Yardley, PA. Collaborative care with physicians for high-risk patients. Precepting: CNM students from the University of Pennsylvania. Hospital affiliation: Capital Health System, Mercer Campus.

**Adjunct Professor.** Cumberland County College, Vineland, NJ. 1/03 to 12/05. Clinical adjunct in pediatrics and maternal-newborn nursing to registered nurse students in inpatient and outpatient settings. Evaluate written work and nursing care plans. Clinical skill laboratory instruction and testing. Hospital Affiliation: South Jersey Health System: Newcomb Campus.

**Certified Nurse Midwife.** Vineland Obstetrical and Gynecological Professional Association, Vineland, NJ. 12/00 to 9/03. Antepartum, intrapartum and postpartum midwifery care to patients at *South Jersey Health System's Women's Center*. Full scope midwifery care in private office of *Vineland Midwifery Associates*. Collaborative care with physicians for high risk population. 24-hour call rotation inclusive of performance of biophysical profiles, interpretation of non-stress tests, intrapartum and postpartum care, and triage. Precepting: CNM, APN, WHNP students from the University of Pennsylvania, Rutgers University, Midwifery Institute at Philadelphia University, and the State University of New York: Stonybrook. Hospital affiliation: South Jersey Health System, Newcomb Campus.

**Certified Nurse Midwife.** South Jersey Health System, Bridgeton, NJ. 9/00 to 9/02. Providing AP, IP, and PP midwifery care to low risk women in a high volume hospital practice. Multicultural client population. High risk patients collaboratively managed with physicians. Hospital affiliation: South Jersey Health System, Bridgeton Campus.

**Registered Nurse.** Bayada Nurses, Cherry Hill, NJ 3/00 to 3/01. Provided skilled nursing care, assessment, and teaching in patient homes for Well Mom/Well Baby visits; Copaxone teaching visits for patients with Multiple Sclerosis; wound care and venipuncture for adult and pediatric populations.

**Registered Nurse.** University of Pennsylvania, Center for Clinical Epidemiology and Biostatistics, Philadelphia, PA. 3/00 to 10/01. National Institute of Health funded research study on Pressure Ulcers in Elderly Hospital Patients. Performed physical, nutritional, initial and follow-up skin and skin caliper assessments; documentation through charting, computer entry and photographs; obtained initial contact and consent by participants or proxy after meeting with patient primary nurse and after obtaining physician consent.

**Primary Care Nurse.** US HomeCare Corp. of PA, Pittsburgh, PA. 12/96 to 10/98. Provided direct nursing care in patient homes after care is coordinated with referring physicians, including initial assessment, teaching, venipuncture, wound care, and medication administration. Case management and intake referrals to coordinate multidisciplinary care for Medicare, Medicaid, and private insurances. On-call rotations for IV access and venipuncture for adults and pediatric patients. Supervisory visits for home health aides. Chart reviews, recertifications, and discharge planning. Supervisor for Allegheny County Option I and II programs. QAI committee.

## Education

McMaster University, Ontario, Canada. 2011.

*Certificate, Distance Education Program*

University of Pennsylvania, School of Nursing. Philadelphia, PA. Teacher Education Program. 9/00 to 5/01.

*Post Master's Teaching Certificate*

University of Pennsylvania, School of Nursing. Philadelphia, PA. 9/98 to 12/99.

*Master of Science in Nursing  
Certificate in Nurse Midwifery*

University of Pittsburgh, School of Nursing. Pittsburgh, PA. 9/90 to 5/96.

*Bachelor of Science in Nursing  
Sigma Theta Tau National Nursing Honor Society  
African American Nursing Scholarship*

Pennsylvania State University. State College, PA. 8/85 to 12/87.

Philadelphia High School for Girls. Philadelphia, PA. 9/81 to 6/85.

**Professional Licensure, Certifications, Teaching and Affiliations**

•Licensures

Pennsylvania: Professional Nurse, Certified Nurse Midwife with Prescriptive Authority  
New Jersey: Registered Professional Nurse, Certified Nurse Midwife with Prescriptive Authority; CDS and DEA

•Member

American College of Nurse Midwives  
New Jersey Affiliate of ACNM, Region II, Chapter II  
Sigma Theta Tau, Eta Chapter  
American College of Obstetrics and Gynecology

•A.C.N.M. Foundation Board of Trustees

Trustee: 2012-2018  
Secretary and Executive Board Trustee: 2014-2018

•Chair

Midwives of Color Committee of the American College of Nurse Midwives, 2004-2010  
Friends of Midwives of Color Committee Ethnic and Diversity Caucus of the American College of Nurse Midwives, 2015-2018

•Certifications

National Certification Corporation: Advanced Electronic Fetal Monitoring  
Advanced Cardiac Life Support  
Basic Cardiac Life Support  
Neonatal Resuscitation Program  
Post Masters Teaching Certificate: 2001  
Third Trimester Limited Obstetric Ultrasound: 2002

•Preceptor

University of Pennsylvania: Clinical Adjunct Faculty

- The State University of New Jersey, Rutgers University/University of Medicine and Dentistry of New Jersey  
Jefferson-Philadelphia University + Thomas Jefferson University  
La Salle University  
Drexel University
- University of Pennsylvania
    - School of Medicine, Simulation Center, 2011-2013. Teaching medical students intrapartum management skills.
    - School of Medicine, Faculty, 2009-2014
    - OB Residency Lecture: Breastfeeding, 2008
    - Intern Lecture Series: Postpartum Care and Postpartum Blues, 2010
    - Intern Lecture Series: The Fourth Trimester, 2011
    - School of Nursing: Midwifery and Women's Health Nurse Practitioner Program. Guest Lecturer: Anemia, 2002
  - East Carolina University: Diversity in Midwifery E Mentoring Program, 2010
  - Capital Health System: OB/GYN Clinical Practice Safety Committee, 2015-2018
  - Presentations
    - NJ Statewide Approach to Vertical HIV Transmission: Train the Trainer Program, 2002
    - American College of Nurse Midwives: Pharmacology Potpourri 4hr Workshop, 2017; 2018
  - Auctioneer: A.C.N.M. Foundation Midwives of Color Committee Graduate and Doctoral Scholarship Fundraiser, 2004-present