

HEATHER CLARKE, DNP. CNM. APRN. FACNM

EDUCATION-DEGREES

DNP. Frontier Nursing University (2014) Hyden. KY DNP Capstone: Culturally Relevant Preconception Planning: Intergenerational Life Course Stress Management and Resiliency Program for At-Risk African American Women and Their Families.

DNP Committee Chair: Dr. Barbara Anderson. DrPH, CNM, FACNM.

Content Expert: Dr Mario Drummonds. MS. LCSW. MBA. Dir. Manhattan Perinatal Content

Expert: Dr. Hannah Atrash. Deputy. Dir. HRSA-Maternal Child Health Consultant:

Consultant: Margaret Baim, MSN, ANP. Harvard Mind-Body Stress Management

Capital University of Integrative Medicine (2002-2004) ABD-PhD

Research area-Preconception health care and Preterm birth and LBW among African American women.

M.S.N. Columbia University (1979) NY. NY

Major-Nurse-Midwifery

B.S.N (1975) State University of New York. Downstate. Brooklyn. NY

Graduated Summa Cum Laude

OTHER EDUCATION

Association of Pre and Perinatal Psychology and Health (2017)

Certificate-Pre and Perinatal Psychology Educator.

Heart math certified practitioner training. 2020-present

HONORS AND AWARDS

ACNM Excellence in Teaching May 2020 Annual meeting

Honors. Fellow of the American College of Nurse-Midwives. (2015) DC.

Dean's List, SUNY Downstate 1974-1975

PUBLICATIONS (2013-present)

Frayne, D.J., Verbiest. S., Chelmow, D., Clarke, H., Dunlop, A., Hosmer, J., Menard. M.K., Moos, M.K., Ramos, D., Stuebe, A. & Zephyrin. L. (2016) Health care systems measures to advance preconception wellness: Consensus recommendations of the clinical workgroup of the national preconception health and health care initiative. *Obstet Gynecol* 2016:127 (5) 863-72 DOI: 10.1097/AOG.0000000000001379

Clarke, H (2014) Culturally sensitive intergenerational preconception curriculum for African American women at risk for adverse birth outcomes. Frontier University. DNP Capstone project. June 2014. Lex. KY

Wilson-Mitchell, Karlene; Clarke, H; Valentin-Welch, M. (2013) We celebrate “Her Story” in honor of black history month. Retrieved in Midwife Connections.

<http://www.midwife.org/index.asp?bid=325&BlogCategoryID=0&BlogEntryID=2095&FormID=300>

ACADEMIC APPOINTMENTS

Frontier Nursing University Course Coordinator/Faculty	Assistant Professor	9/2012-Present
State University of New York Course Coordinator/Faculty	Assistant Professor	7/2010-2/2012
University of Maryland	Adjunct Clinical Faculty	9/2000 4/2006
Columbia University Course Coordinator/Faculty	Assistant Professor	6/1984-6/1986
University of Pennsylvania	Clinical Faculty	8/1982-5/2984

CLINICAL PRACTICE APPOINTMENTS

Conscious Beginnings	Pre and perinatal consultant	6/2016-present
Blessed Births Birth Center	CNM Director	01/2013-06/2013
Medical Doctor Associates	Locum tenum midwife	10/2012-01/2013
Greenville Hospital System	Staff midwife	02/2012-08/2012
Public Health Solutions	Staff midwife PRN	06/2011-02/2012
Brooklyn Birthing Center	Midwifery Director	03/2010-06/2012
Brooklyn Perinatal Network	Acting project manager	03/2009-03/2010
	Perinatal Consultant.	2006-2015
Maryland General Hospital	Staff midwife	09/2003-01/2008
Peoples Community Health Center	Staff midwife PRN	08/2004-03/2006
Harbor Medical Center	Staff midwife	01/1997-02/2003
Med. Research Assoc. MIC/FP Project	Staff midwife	07/1986-12/1996
Brooklyn Plaza Med. Center	Director Midwife/WH	07/1993-05/1999
State Univ. of New York	Staff midwife	06/1986-02/1988
Elizabeth Blackwell Health Center	Director of midwifery	04/1883-05/1984
Prepared Childbirth Associates	Private midwifery practice	03/1982-04/1984
National Health Service Corps	Staff midwife	04/1980-03/1982

CONFERENCE and ONLINE PRESENTATIONS (2012-present)

Deferred.

Clarke, H (2021) Pregnancy, Birth and Beyond; How Midwives can help to Maximize Human Potential at Birth. ICM 32nd Triennial Congress. Bali Indonesia. Postponed to June 2021

Clarke, H & Susan Stone (2020) Racial Disparities in Maternity Care: Where Do we go from here. ACNM Empower 2020 Celebrating National Midwifery Week: The Year of the Nurse and Midwife.

Clarke, H. The Hallmarks of Midwifery” Optimizing Birth Outcomes (2020) *The Association of Pre and Perinatal Psychology and Health. Monday Live Ed. Series*

Clarke, H (2019) The Impact of Transgenerational Influences and Racism on Perinatal Outcomes of Black Women living in the United States. *The Association of Pre and Perinatal Psychology and Health International Congress. Colorado Nov. 2019*

Clarke, H (2019) The Impact of Transgenerational Influences and Racism on Perinatal Outcomes of Black Women living in the United States. *The Association of Pre and Perinatal Psychology and Health. Trauma Informed Care Panel Series. March 2019.*

Clarke, H (2018) Pre and Perinatal Psychology to improve birth outcomes. Gold Midwifery Conference

Clarke, H (9/2018) Joyful Pregnancy, Amazing Birth. Two day workshop . Barbados.

Clarke, Preconception care for the Improvement of Maternal Child Health in the Caribbean Nurse Conference. (2018) Barbados

Clarke, H (2018) The Emerging Role of the APRN in the Prevention and Care of Non-Communicable Disease in the Caribbean. Caribbean Nurse Conference. Barbados.

Clarke, H Pre and Perinatal Psychology 101- One day workshop on theory and application of pre and perinatal psychology. APPPAH Panel. ACNM annual meeting Chicago. 2017

Clarke, H (2017) Black infant mortality and morbidity: Why are our mothers and babies dying? Sacramento museum of African American History, California

Clarke, Mind-Body preconception education: A promising practice to reduce racial and ethnic perinatal health disparity. July 2016. Washington, DC

Clarke, H., Dau, K (6.2012) Maternal child health disparities: A fresh approach to an old problem. ACNM annual meeting. Long Beach. CA

Clarke, H (6.2011) Integrated community prenatal care. Brooklyn Perinatal Network- Infant mortality reduction initiative annual conference. Brooklyn, NY

PROFESSIONAL AFFILIATION AND LEADERSHIP

APPPAH Education committee and Board Member 2017-2018

Vice Chairperson, National Association to Advance Black Birth. August 2017-2019

Trustee and board member-Better Birth in Bim (Barbados) 2017-present

US-MERA Steering and Communication Committees, Equity Task Force. 2014-2016

Center for Disease Control: Preconception Clinical Workgroup Panel 2014-2017

ACNM -Chairperson, Midwives of Color Committee 6/2013-5/2016

ACNM- Division of Education. Student Issues Section Co-Chair 10/2010-2013

ACNM Vice Chair Midwives of Color Committee 6/2010-2013

Executive board. Treasurer-NYC ACNM Region 11 Chapter 1, 1980's

COMMUNITY SERVICE

Support group for women 50 and older-Stress management. Goal setting. 2019-present.
Black women birthing project 2015-2017 www.blackwomenbirthingjustice.org

Better Birth in Bim 2016-2018- Pre and Perinatal workshops, consultations

New York State Department of Education (2010) Expert Review in a preliminary case investigation in the charge of medical liability for a CNM

Birth Choices, Inc. Founder and president 1990-2001 – Community education and maternal-child health advocacy.

LANGUAGES English:

COMPUTER SKILLS

Microsoft office. Social Media