Opportunities for antiracist work within midwifery

- **Personal:** [My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies](#)
- **Family:** [Talk to your kids about racism; Oakland public library book list](#)
- **Interpersonal:** communication skills described in this webinar Academy of Communication in Healthcare [https://www.achonline.org/](https://www.achonline.org/)
- **Clinical:** [Liberation In the Exam Room](#)
- **Institutional:** [Building A Race Equity Culture; Dismantling Racism Works](#)
- **Structural:** [M4BL](#)
Definitions/Concepts

- North: What it means to be Antiracist
- Talking About Race: Being Antiracist
- Kendi: How to be Antiracist
- Grady: Why the term BIPOC is so complicated
- Dismantling Racism (great review of definitions)
- Ngozi Adichie: The danger of a single story
- DiAngelo: White fragility and the rules of engagement
- White culture handout
Understanding antiracism

- Kendi: Understanding what it means to be antiracist
- Singh: What does it mean to be antiracist
- The Guardian: A series on antiracism in America
- Rich: To create lasting change we must sustain this antiracist work beyond the heat of the moment
- Antiracism Resources for All Ages
- Antiracist Resource Guide
- Summary of stages of racial identity development
- The Racial Equity Institute: The Groundwater Approach
- Your Black Friends are Busy App
- A History: The Construction of Race and Racism Dismantling Racism Project Western States Center
For white people

- Pugh: There is no such thing as a white ally
- DiAngelo: White people are still raised to be racially illiterate
- Maree Brown: A word for white people
- Jones & Okun: White supremacy culture
- Teaching Tolerance: White antiracism: Living the legacy
- Gorski & Erakat: Racism, whiteness, and burnout in antiracism movements
- Johnson: When Black people are in pain, white people just join book clubs
- Hains: Dear white people: Here's what to do when you are called racist
- Kivel: Guidelines for Being Strong White Allies
- Oluo: Confronting racism is not about the needs and feelings of white people
- Antiracism Resources for white People
- Cabrera: White immunity: Working through the pitfalls of privilege discourse
- The invisibility of white privilege with Brian Lowery PhD
- NPR: 'Interrupt The Systems': Robin DiAngelo On 'White Fragility' And Anti-Racism
Antiracism action

- Shutack: 100 things white people can do for racial justice
- Undoing white supremacy: Unlearning circles
- Scaffolded Antiracist Resources
- Resources for accountability and actions for Black lives
- Myers: How to overcome biases
- Racial Equity Tools
- Ally vs Co-Conspirator: What it means to be an Abolitionist Teacher
- The False Promise of Anti-Racism Books
Antiracism in midwifery

- **Drew and Reis: Black Lives Matter: A Message and Resources for Midwives**
- **Council on Patient Safety in Women's Health Care: Reduction of peripartum racial/ethnic disparities**
- **National Birth Equity Collaborative**
- **Reproductive Justice Briefing Book**
- **Melanated Midwives: Supporting the next generation of midwives of color**
- **PBS: Memphis midwives work to address racial disparities in health care**
- **Johnson & Johnson: Working Towards Social Justice Through Midwifery and Black Maternal Health Advocacy**
- **Reproductive Justice Coalition: Black Reproductive Justice Advocates Call For Defunding Police In Wake Of Violent Police Response To Protesters**
- **ACLU: The Racist History of Abortion and Midwifery Bans**
- **Black Mamas Matter Toolkit**
- **A Guide for Advocating for Respectful Maternity Care**
Trainings

- Loretta Ross: white Supremacy in the Age of Trump
  - [https://docs.google.com/forms/d/e/1FAIpQLSdEc3XMzdgYdrefOjMshaS7abC24pDaPZflyiVLji2Dal25Kgg/viewform](https://docs.google.com/forms/d/e/1FAIpQLSdEc3XMzdgYdrefOjMshaS7abC24pDaPZflyiVLji2Dal25Kgg/viewform)

- Dr. Deirdre Cooper Owens: Race, Gender, and American Gynecology
  - [https://classes.allbodies.com/p/race-gender-american-gynecology-watch?fbclid=IwAR0YT8BITQa_BuwvN11qdNoquCOjuGlTkj1lcqXyRi0vsr2PqXLTInCUUs](https://classes.allbodies.com/p/race-gender-american-gynecology-watch?fbclid=IwAR0YT8BITQa_BuwvN11qdNoquCOjuGlTkj1lcqXyRi0vsr2PqXLTInCUUs)

- Black Mamas Matter:
  - [https://blackmamasmatter.org/resources/bmma-products/](https://blackmamasmatter.org/resources/bmma-products/)

- Race Equity Resource Guide:

- APHA: Racism: The Ultimate Underlying Condition:
  - [https://www.apha.org/events-and-meetings/webinars/racial-equity/webinar-1-recording](https://www.apha.org/events-and-meetings/webinars/racial-equity/webinar-1-recording)

- APHA: A Path to Reproductive Justice: Research, Practice, and Policies
  - [https://www.apha.org/events-and-meetings/webinars/racial-equity/webinar-2-recording](https://www.apha.org/events-and-meetings/webinars/racial-equity/webinar-2-recording)

- Bixby Center for Global Reproductive Health: Advancing Equity and Justice in SRH
Books
SUPPORT BIPOC ORGANIZATIONS

- National Black Midwives Alliance
  - [https://blackmidwivesalliance.org/](https://blackmidwivesalliance.org/)
- Black Mamas Matter Alliance
  - [https://blackmamasmatter.org/](https://blackmamasmatter.org/)
- Melanated Midwives
  - [https://melanatedmidwives.org/](https://melanatedmidwives.org/)
- Rise Up Midwife
  - [https://www.riseupmidwife.com/](https://www.riseupmidwife.com/)
- One Love Black Mamas
  - [https://www.instagram.com/oneloveblackmamas/](https://www.instagram.com/oneloveblackmamas/)
- BIPOC Aspiring Midwives
  - [https://www.facebook.com/BIPOCAspiringmidwives/](https://www.facebook.com/BIPOCAspiringmidwives/)
- Black Women Birthing Justice
  - [https://www.blackwomenbirthingjustice.org/](https://www.blackwomenbirthingjustice.org/)
- M2M Postpartum Justice Project
  - [https://www.m2mpostpartum.org/](https://www.m2mpostpartum.org/)
- National Association to Advance Black Birth
  - [https://thenaabb.org/](https://thenaabb.org/)
- National Birth Equity Collaborative
  - [https://birthequity.org/](https://birthequity.org/)
- SisterSong
  - [https://www.sistersong.net/](https://www.sistersong.net/)
- National Association of Birth Centers of Color
  - [http://www.birthcentersofcolor.org/](http://www.birthcentersofcolor.org/)
- Beloved Birth: Black Centering
References

References