

LAUREN ABRAMS, CNM, MSN

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(917) 202-0478

EDUCATION

Yale University School of Nursing Nurse-Midwifery Program, New Haven, CT.
RN, September 1992; MSN, May 1993; CNM, August 1993.
Amherst College, Amherst, MA. BA, Magna Cum Laude, 1986. Major: Anthropology.

PROFESSIONAL EXPERIENCE

DIRECTOR OF MIDWIFERY

Mount Sinai Hospital, New York, NY. January 2013-June 2019.

Senior manager responsible for the operation of a full-scope midwifery practice in a tertiary care center. Worked with the Departments of OB/GYN and Nursing to ensure the delivery of high-quality midwifery care. Served on the Obstetrics Quality Assurance Committee. Provided full-scope midwifery care to a diverse, moderate- to high-risk population at a busy tertiary care center.

STAFF MIDWIFE

Mount Sinai Hospital, New York, NY. December 2002-present.

Provide full-scope midwifery care to a diverse, moderate- to high-risk population at a busy tertiary care center. Act as clinical preceptor to midwifery students, family practice residents, and OB/GYN residents.

The Door Adolescent Health Center, New York, NY. January 1994-December 2002.

Morris Heights Childbearing Center, Bronx, NY. July 1995-October 2000.

Queens Hospital Center, Jamaica, NY. August 1993-June 1995.

Provided full-scope midwifery care, including antepartum, intrapartum, postpartum, and intrapartum care to a diverse population in an urban setting.

CLINICAL PRECEPTOR/ADJUNCT FACULTY

New York, NY. December 2002-present.

Supervise and teach midwifery and nursing students from Columbia University, New York University, SUNY Downstate, and SUNY Stony Brook.

MIDWIFERY TRAINER/EDUCATOR

Saving Mothers, New York, NY/Guatemala, Central America. January 2010- present.

Develop and implement training programs for traditional birth attendants in Lago Atitlan, Guatemala. Provide Skype lectures on high-risk obstetric practice to health care workers in Kenya.

REGISTERED NURSE AND CHILDBIRTH EDUCATOR

Department of Obstetrics and Gynecology and Perinatal Education Program, Yale-New Haven Hospital, New Haven, CT. June 1992-May 1993.

Provided nursing care and education to a diverse population of postpartum patients in a tertiary care center. Developed and implemented a 6-week childbirth education program.

HEALTH EDUCATOR

US Peace Corps, Mauritania, West Africa. June 1988-July 1990.

Developed and carried out a training program for health educators in three rural villages; worked with rural educators to provide home health education for village families.

PROFESSIONAL ORGANIZATIONS AND AWARDS

American College of Nurse-Midwives Outstanding Preceptor Award, 2011, 2013
Member, Awards Committee of the American College of Nurse-Midwives, 2014-present

Board Member, Midwifery Business Network, 2013-2016

Active member, American College of Nurse-Midwives

Active member, New York State Association of Licensed Midwives

Active member, NYC Midwives chapter of the American College of Nurse-Midwives.
Membership committee, June 2019- present; Secretary, 2009-2013; Nominating Committee 2007, Nominating Committee Chair 2008

ADDITIONAL EXPERIENCE AND TRAINING

Fluent in Spanish and French.

Certified in ACLS, BCLS, and NRP

Completed training course in obstetric ultrasound for midwives.

Volunteer experience and training in rape crisis counseling and domestic violence issues.