

Heide Cruikshank CNM, WHNP, RNC-OB

251 Texas Street, #2 San Francisco, CA 94107

heide.cruikshank@gmail.com

(408) 691-0084

PROFESSIONAL CLINICAL EXPERIENCE

Women's Health Nurse Practitioner. UCSF Center for Reproductive Health.

San Francisco, CA. 3/2019- current.

- Care of ambulatory clinic patients desiring to build families with assistive reproductive technology, patients seeking fertility preservation before undergoing hormonal therapy as part of their gender transition or who require a higher level of care with regard to fertility due to future plans, cancer or PCOS. Experience with obstetric and gynecological ultrasounds and preventative women's health care such as cervical cancer screening. Extensive experience counseling patients regarding early pregnancy loss and continuing pregnancy.

Certified Nurse Midwife. The Minnesota Birth Center and collaborating hospitals.

Minneapolis and St. Paul, MN. 4/2017 – current.

- Care of inpatient laboring, postpartum, antepartum and clinic patients in both out of hospital birth center setting as well as inpatient laboring and postpartum patients at collaborating hospitals. Experience with water birth, labor induction methods, laceration repair, 1st and 3rd trimester ultrasound, vaginal birth after cesarean, intermittent and continuous fetal heart rate monitoring.

Registered Nurse. Aya Healthcare contract placement with University of Washington Medical Center. Labor and Delivery, Mother Baby Unit. Seattle, WA. 9/2016-12/2016.

- Full-time contract employee performing labor support, circulating vaginal and cesarean deliveries, caring for high risk antepartum, laboring, postpartum and newborn patients including assistance with breastfeeding.

Registered Nurse. Memorial Hermann Northwest Hospital. Family Birthing Center.

Houston, TX. 8/2012-7/2015.

- Full-time employee performing OB triage, circulating vaginal and cesarean deliveries, caring for antepartum, laboring, postpartum and breastfeeding patients. Daisy Award Nominee September and November 2014.

Registered Nurse. DeTar Hospital. Medical-Surgical Floor and Women's Services Floor.

Victoria, TX. 9/2011-8/2012.

- Full-time employee providing care for medical-surgical patients, obstetric, and newborn patients. Experience in RN assessment, preventing infection, administering medications, post-operative care, postpartum recovery, and providing wound care.

EDUCATION

Georgetown University School of Nursing. Graduated 8/2016

- WHNP, CNM dual track Masters in Nursing program

University of Pennsylvania School of Nursing. Graduated 12/2010

- Bachelor of Science in Nursing

University of Michigan – Ann Arbor. Graduated 5/2006

- Bachelor of Arts

SKILLS AND CERTIFICATIONS

- NRP Certification and BLS Certification - active
- Nexplanon Trained Clinician by Merck in 2017, Experience in IUD placement, Women's Health Ultrasound training with Professional Education Center in 2016
- NCC Women's Health Care Nurse Practitioner and Inpatient Obstetric Nursing Certifications - active
- Spanish Language Proficiency