

## Home Birth Essentials

### Basic Skills for Attendants

- Neonatal resuscitation
- Ability to monitor maternal and fetal condition, and assess and treat common ob conditions, with low tech methods
- Ability to screen for complications requiring hospitalization and initiate referral
- Ability to manage complications if delivery is imminent or condition prohibits transfer

### Parent Supplies for Home Birth

- Sources of Heat, Light, and Water
- Foods and fluids
- Bed pads, gauze pads, bulb syringe, etc
- Emergency plan - numbers, maps, car
- Clear surfaces, firm surfaces
- Cleaning supplies

### Essentials for the “Birth Bag”

- Sterile tray (delivery instruments, gloves, etc)
- Doppler, fetascope, BP cuff, stethoscope
- Resuscitation equipment (O2, suction, ambu)
- Medications (pitocin, methergine, antibiotics)
- Suturing supplies
- IV supplies
- Scales, blood collection tubes, catheters