Midwifery Fact Sheet: Texas

Midwifery Workforce Indicators, 2023

<table>
<thead>
<tr>
<th>Indicator</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Midwives Certified by AMCB</td>
<td>617</td>
</tr>
<tr>
<td>Births in 2022</td>
<td>389,741</td>
</tr>
<tr>
<td>Midwives per 1,000 Births</td>
<td>1.6</td>
</tr>
<tr>
<td>Midwife-attended births 2022</td>
<td>12,403</td>
</tr>
<tr>
<td>Midwife-attended births per midwife</td>
<td>20.1</td>
</tr>
<tr>
<td>% Births Midwife-attended</td>
<td>3%</td>
</tr>
<tr>
<td>% Vaginal births midwife-attended</td>
<td>5%</td>
</tr>
<tr>
<td>Midwifery education programs</td>
<td>2</td>
</tr>
</tbody>
</table>

Texas has not achieved the 6 midwives per 1,000 births recommended by the WHO.

Board-certified midwives include certified nurse-midwives and certified midwives, who are certified by the American Midwifery Certification Board. Board-certified midwives’ professional association is the American College of Nurse-Midwives.

Board-certified midwives practice authority is 22 Tex. Admin. Code §221.12(1), which was most recently revised in 2023. Board-certified midwives are regulated by the Board of Nursing.

Texas’ midwifery education programs are located at Baylor University and Texas Tech University.

Change in Midwife Attended Births Over Time

![Graph showing change in midwife attended births over time](image)

Policy Assets & Opportunities

**Opportunity:** Midwives must obtain a written practice agreement to provide services (22 TAC § 221.12; 22 TAC § 221.13)

**Opportunity:** Midwives reimbursed at 92% the physician fee (RULE §355.8161)

**Opportunity:** Certified Midwives are eligible for licensure

**Opportunity:** Midwives must obtain a written practice agreement to prescribe any medications (22 TAC § 221.12; 22 TAC § 221.13)

**Opportunity:** Midwives can not join medical staff (RULE §133.2); hospitals determine if they will grant clinical privileges to midwives (Health & Safety Code Section 241.105)
Midwifery Fact Sheet: Texas

- Both certified nurse-midwives and certified midwives are board certified. Standards for education and certification in midwifery are identical for both credentials.

- Board-certified midwives provide a full range of primary health care services in all stages of life, from the teenage years through menopause.

- While midwives are well-known for attending births, 55.1% of board-certified midwives identify reproductive care and 38.5% identify primary care as responsibilities in their full-time positions.

- Board-certified midwives provide general health check-ups, health screenings, and vaccinations.

- Board-certified midwives provide gynecologic care including miscarriage and abortion treatment, and treatment of sexually transmitted infections.

**Health Indicators**

<table>
<thead>
<tr>
<th>Health Indicator</th>
<th>Percent</th>
<th>Texas</th>
<th>USA</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unmet Need for Contraception</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Early Prenatal Care</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Preterm Birth</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>NTSV Cesarean</td>
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<td></td>
<td></td>
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<tr>
<td>Breastfeeding Initiation</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Breast Cancer Screening</td>
<td></td>
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</tbody>
</table>

**Maternity Workforce Density**

<table>
<thead>
<tr>
<th>Maternity Workforce Density</th>
<th>Obstetricians</th>
<th>MFMs</th>
<th>Midwives</th>
</tr>
</thead>
<tbody>
<tr>
<td>Texas</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>USA</td>
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</tbody>
</table>

**Birth Attendants in Texas**

<table>
<thead>
<tr>
<th>Birth Attendants in Texas</th>
<th>Physician</th>
<th>Midwife</th>
</tr>
</thead>
<tbody>
<tr>
<td>non-Metro</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Metro</td>
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</tr>
</tbody>
</table>

**By Race / Ethnicity, 2022**

- More than One Category
- American Indian or Alaska Native
- Hispanic
- Asian or Pacific Islander
- Black non-Hispanic
- White non-Hispanic

**By Payer, 2022**

- Other
- Self-Pay
- Medicaid
- Private Insurance