Be a **SUPERMOM**

Vaccines are safe for you and your baby. Ask your provider today and get vaccinated!

Learn more at [www.midwife.org/OMOT-Vaccines-for-Women](http://www.midwife.org/OMOT-Vaccines-for-Women)
Vaccines protect you, your baby, and your whole family.
Some vaccines are safe to get even when you are pregnant. Knowing the best time to get vaccinated can keep you and your baby protected!

Learn more at www.midwife.org/OMOT-Vaccines-for-Women
Vaccine side effects are usually minor and temporary, compared with the danger of actually getting the disease.

Learn more at www.midwife.org/OMOT-Vaccines-for-Women
PROTECT your BABY

Getting vaccinated during pregnancy protects babies from life-threatening diseases even after they are born!

Learn more at www.midwife.org/OMOT-Vaccines-for-Women
Get vaccinated.
The flu vaccine cannot cause flu illness.

Learn more at www.midwife.org/OMOT-Vaccines-for-Women
Whooping Cough is DANGEROUS

Learn more at www.midwife.org/OMOT-Vaccines-for-Women
PREVENT ILLNESS

Ask your provider about vaccines.

Learn more at www.midwife.org/OMOT-Vaccines-for-Women
www.cdc.gov/flu | www.cdc.gov/pertussis | www.cdc.gov/Features/AdultImmunizations