



# On Location In National Harbor

We're thrilled you've joined us to celebrate the 60 years of ACNM's work for midwives, women, and families! Settle in, absorb the atmosphere on the banks of the Potomac, and let's journey together into our bright, bold future.

## WHAT'S NEW AT THE ACNM 60<sup>TH</sup> ANNUAL MEETING & EXHIBITION

### Anniversary Highlights

Check out historical photos, videos, slides, events, and program content throughout the meeting that will combine to paint a picture of how we arrived where we are today. A plus—there will be anniversary cake!

### Midwifery Movie

ACNM is honored to present the east coast premiere of a documentary film we consulted on: *The Mama Sherpas*, from executive producers Ricki Lake and Abby Epstein (*The Business of Being Born*), and directed by Brigid Maher. This moving film provides an intimate lens into how midwives across the country work within and better the hospital system. We'll be showing it twice!

### Photo Op Fever

Preserve your memories! We've got you covered on photos ops to prove you were present for this monumental meeting. Don't miss a visit to the social media lounge in the Exhibit Hall for a chance to pose with everyone's favorite "character" from *Call the Midwife*!

### All-inclusive Immersion

Now that you're here, you'll be able to plug into the heartbeat of our profession and our organization while fulfilling your continuing education requirements, get up to speed on the latest advancements in midwifery practice, and participate in important College governance. We need you to help forge the future for us all. Thanks for being here!



## Check your Inbox!

Get a little piece of *On Location* every morning. We'll be sending you an email with the latest onsite news to keep you in the loop on the daily activities at the meeting.



## We're Mobile

Carry the Final Program in your pocket! ACNM is beginning to go paperless, and we're starting with the AM60 mobile app. It includes everything you need to know about our meeting, plus several easy ways to customize your personal schedule as well as receive instant updates and alerts. Access it through iTunes, Google Play, or at <http://eventmobi.com/AM60>.



Masthead photo credit: Gaylord National.



American College of Nurse-Midwives

## 60<sup>th</sup> Annual Meeting & Exhibition

National Harbor, MD (DC Metro Area) | June 27-July 1, 2015

# Welcome to This Town

## Recommendations from ACNM staff

*There's nowhere in the world like our city.*



This is where politics happens. This is the seat of government; we house all 3 federal branches. We live and breathe policy, power, and progress—whether halting, forward, backward, or blind.

In Washington, it's not uncommon to run into a Senator's staff playing league kickball on the grass between the Washington Monument and Lincoln Memorial. It's par for the course to be interrupted during your evening commute by the President's motorcade. It's a fact of life that our city will grind to a halt during a government shutdown, that you'll pay triple for a cab on an election night, and that Supreme Court justices walk among us. Our singularity of purpose—government—drives everything around us.

Here in DC (residents call it DC, not Washington) you'll also find everything you could ever want from a major metropolis. In the palm of your hand: food, culture, experience, ambiance, diversity, vitality. DC has a beating, vibrant cultural heart that begins as soon as you step outside the National Mall and imbues each ward and neighborhood with its own personality, its own quirks, and its own energy.

These pages contain recommendations from your ACNM national office staff. They run the gamut from classic DC experiences to true insider intel. We welcome you to feast your sense of patriotism on the enormous foundation of national and historical significance of this city, but we also encourage you to step outside those bounds and immerse yourself in our living, breathing home.

And stay hydrated—it'll be hot out there.

From left to right, White House, Ben's Chili Bowl on U Street, Old Town Alexandria, and the Albert Einstein Memorial.

## SITES & SIGHTS

Taking in the sunset from the back side of the Lincoln Memorial is a special, semi-secret treat. The Martin Luther King, Jr Memorial is also spectacular night or day.

Late night reflections on the Mall are worth your time. The Korean War (especially the way the holograms pop), Vietnam War, and Lincoln Memorials are respectfully amazing at night.

Learn something new at any museum in the Smithsonian system—Natural History is a perennial favorite.

The Phillips Collection is one fabulous, small, non-crowded art museum with some of the most incredible pieces of artwork. And the Postal Service Museum is a fun, funky, and FREE little out-of-the-way learning experience if you want something different!

A little off the beaten path, Hillwood Estates, the former estate of Marjorie Post, is worth a visit.



## BITES & BEVS

For DC's best coffee, head to 14th street and check out Slipstream, Wydown, and Peregrine Espresso.

Snag the best breakfast and chai tea in DC at Teasm—any of their multiple locations.

Grab a slice at the best Neopolitan pizza restaurant in the known universe, 2 Ams!

To satisfy your pastry craving, Dangerous Pies DC has sweet and savory pies TO DIE FOR.

Not only will the Korean tacos blow your mind, you can also pick up some artisanal pickles or delicacy chocolates for the road at Union Market in the NoMa neighborhood.

Pick anywhere in Barrack's Row and go there to eat or drink, or both! That will also put you in close proximity to Eastern Market.

Check out any of the places in "Little Ethiopia," which is centered around 9<sup>TH</sup> and U Streets.



## OUT & ABOUT

Take a moment to yourself during the meeting: leave the Gaylord and take the trails to the pedestrian bridge, which allows you to walk over the Woodrow Wilson Bridge. It's a nice walk in the evenings—especially as the sun sets.

Immerse yourself in the deep historical significance of the Shaw neighborhood. The U Street corridor (roughly between 9<sup>TH</sup> and 18<sup>TH</sup>) in particular is a must-visit for music fans, Duke Ellington enthusiasts, and Ben's Chili Bowl half-smoke lovers.

Hike through Rock Creek Park and follow it with a stop at a nearby watering hole. Pretty much any al fresco dining in the city is a good choice.

Go for a run between the Capitol and the Washington Monument on the Mall. It's a great way to see the area!

Take a water taxi from National Harbor to the stadium in Navy Yard and catch a Washington Nationals game on the weekend after the meeting.

For a nice view of the city, some wonderful old trees, and quiet contemplation, visit Arlington National Cemetery. If you have small children, visit the park at the north end of the runway from Reagan National Airport. You feel like you can practically reach up and touch the planes as they come and go.

Take a trolley tour of Old Town Alexandria—it's just as beautiful as Georgetown but not as well known. Visit one of the oldest Baptist churches in the area: Alfred Street Baptist Church.



The International Spy Museum.



Old Town Alexandria photo credit: C Davidson for VTC. White House photo credit: Mary A. Behre. All other photos credit: Destination DC.

# National Harbor

## Getting Around

National Harbor's resort atmosphere is made possible by its distance from the heart of DC—but that doesn't mean you can't get there if you want to!



National Harbor photo credit: ©deIucchiplusdc

## Public Transportation Bus/Train System

The Washington Metropolitan Area Transit Authority (WMATA) serves National Harbor via bus lines NH1 and NH3. The daily NH1 bus will take you to and from the Branch Ave train stop, on the green line, and from there you can access the entire metro train system. Late-night and early-morning NH3 buses will take you to and from the Southern Ave train stop, which is also on the greenline. Plan your trip at [www.wmata.com](http://www.wmata.com).

## Water Taxi

Go maritime and catch a water taxi down the Potomac from National Harbor to the National Mall. The taxi also stops in Old Town Alexandria. One-way tickets for adults are \$16; round trip are \$28. Check the schedule and route at [potomacriverboatco.com/new-national-harbor-taxi.php](http://potomacriverboatco.com/new-national-harbor-taxi.php).

## National Harbor Shuttle

National Harbor offers a courtesy shuttle service (max of 51 passengers) between National Harbor and the King Street train stop in Alexandria, which is on the blue and orange WMATA metro train lines. From there, you can access the entire metro train system. See the courtesy shuttle schedule at [bit.ly/1f0Vw80](http://bit.ly/1f0Vw80)

## Taxi or Uber

There's also the good, old-fashioned taxi. A drive into the heart of downtown DC will take 15-20 minutes. Check with the Gaylord concierge for recommended companies.

## Participating in Lobby Day?

First, attend a prep session on Sunday, June 28 at 4:00PM in the Exhibit Hall, or Tuesday, June 30 at 6:15AM in Potomac Ballroom A & B (attendance highly encouraged).

Then, here's your timeline:

## TUESDAY, JUNE 30 LOBBY DAY

10:00AM

Join us for brunch in Exhibit Hall

11:00AM

Buses will begin loading at the Gaylord to travel to Capitol Hill

1:00PM

Visits – find the lead midwife for your state, get your materials, and don't forget to take pictures!

3:30PM

Buses will begin loading at Peace Circle and return to National Harbor

Check your registration bag for more detailed information from the Government Affairs Committee!



Minnesota Midwives visit with Senator Al Franken in 2010 during Lobby Day.