

ACNM 60th Annual Meeting & Exhibition – Monday, June 29th – Education Sessions

ES200 Hot Topics in Global Health: Changing Evidence, Policy and Practice

Mon, June 29

8:00am-9:00am

CEUs: 0.1

Track: Global Midwifery

Presented by: Deborah Armbruster, CNM, MPH, FACNM; Suzanne Stalls, MA, CNM, FACNM; Mary Ellen Stanton, MSN, FACNM; Jodi R Lori, PhD, CNM, FACNM, FAAN

Summary: The focus on maternal and newborn health has never been greater in the global arena. How do we take advantage of this momentum and use the new research/data, policies to change practice? What do we need to know and do as midwives to make a difference in global health now? This panel will review the changing evidence, policies and practice around three key issues that have a major impact on improving maternal and newborn health and ending preventable maternal and newborn death. There will be two sessions on human resources which is consistently one of the top 3 critical issues identified by developing (and often developed) countries and key UN agencies related to midwifery personnel and maternity care providers. One session will present key findings and recommendations from the State of the World's Midwifery report, and from the Lancet Series on Midwifery that was recently launched. The second session on human resources will focus on the cutting-edge issues of respect, empowerment and safety for midwives and women maternity care providers in their current work environments... a complement to the work on Respectful Maternity Care (or Tackling Disrespect and Abuse) of women during childbirth currently underway through research, advocacy and WHO guidelines development. "No product (commodities), no program" is a mantra of the family planning, HIV/AIDS and malaria programs since they recognize that our evidence-based high impact interventions will not have impact without the medicine and devices required. This session will examine the work being done globally to ensure that medications and devices needed to save lives get to the women, newborns and children who need them.

ES201 Current and emerging issues in tobacco cessation during pregnancy

Mon, June 29

8:00am-9:00am

CEUs: 0.1 Rx: 1

Track: Clinical

Presented by: Karilynn Rockhill

Summary: Tobacco use during pregnancy is the most common preventable cause of poor infant outcomes (e.g., low birth weight, preterm birth) for which effective interventions exist. Though significant progress has been made in reducing prenatal smoking in the past 50 years, 10% to 12% of pregnant women and 23% of reproductive age women smoke. In addition, new and emerging unregulated tobacco products, such as electronic cigarettes and hookah, are concerns for pregnant women and their children. The objectives of this presentation are 1) to provide the current scientific evidence and research on the reproductive health effects of tobacco use, 2) to summarize effective cessation interventions, 3) to highlight tobacco cessation resources for clinicians, and 4) to describe CDC's national media campaign Tips from Former smokers and its resources for pregnant women.

ES202 "Don't Go Breaking My Heart": Managing the Critical Connection between PIH and Cardiovascular Risk

Mon, June 29

8:00am-9:00am

CEUs: 0.1

Track: Clinical

Presented by: Mayri Leslie, CNM, MSN, EdD; Linda A. Briggs, DNP, ANP-BC, ACNP-BC

Summary: Mounting evidence indicates that pregnancy induced hypertension as well as pre-eclampsia significantly increase a mother's risk of developing hypertension and/or cerebrovascular disease, being diagnosed with cardiovascular disease, and of dying from its consequences in later life. While focusing on the clinical management of hypertensive disorders in pregnancy and postpartum is a primary concern, a gap appears to exist in the lifespan risk management for this population of women. In gynecologic and primary care, screening for a history of PIH/pre-eclampsia as a cardiac risk factor does not appear to be commonplace. Guidelines, textbooks, printed forms and EMR's, in general, exclude this critical information. Further, in practice, there are inconsistencies regarding how much information new mothers are given about their future health risks, and what follow up they should plan on doing, once they have been diagnosed with these disorders. This session will provide information on the physiology of pregnancy related hypertensive disorders and their relationship to cardiac health. Session participants will also be given clear recommendations for risk management and patient education.

ES203 Forced obstetrical care: are midwives part of the problem?

Mon, June 29

8:00am-9:00am

CEUs: 0.1

Track: Midwifery Matters – Public Perception

Presented by: Mary K. Barger, CNM, PhD, MPH, FACNM

Summary: Although the law is clear, as clarified in the Angela Carder case, that pregnant women have a right to refuse care, this case law is being ignored by numerous court-ordered interventions against pregnant women's wishes. This presentation will review case law and provide recent examples, particularly related to court-ordered cesareans, where women have been coerced into interventions against their desires and detrimental to their health. The ACNM Code of Ethics will be used as a backdrop to discuss the options midwives have when practice or hospital policy violates women's rights to refuse care.

ES204 Assessment of Abdominal Pain in the OB patient

Mon, June 29

8:00am-9:00am

CEUs: 0.1

Track: Clinical

Presented by: Jody Tennyson, MSN, CNM

Summary: This session will discuss the evaluation of acute abdominal pain in pregnancy including a review of the targeted physical exam, establishing differential diagnosis, appropriate laboratory tests and diagnostic imaging, and a plan of care for conditions such as appendicitis, cholelithiasis, cholecystitis, and other common sources of abdominal discomfort in pregnancy.

ES205 Updates on CMS activities regarding perinatal health: Strong Start, Maternal and Infant Health Initiative and application to midwifery

Mon, June 29

1:00pm-2:00pm

CEUs: 0.1

Track: Clinical

Presented by: Lekisha Daniel-Robinson; Meena Abraham

Summary: This session will focus on efforts by the Centers for Medicare and Medicaid Services (CMS) to address issues related to maternal and infant health, specifically the strong start program. Strong Start focuses on reducing preterm birth and on the use of Centering pre-natal care. Midwives are actively participating in this program.

ES206 Osteoporosis: Contemporary Management Issues

Mon, June 29

1:00pm-2:00pm

CEUs: 0.1 Rx: 1

Track: Clinical

Presented by: Barbara Overman, CNM, MPH, PhD; Christine Cogil, FNP, MS, DNPc

Summary: The senior population continues to swell and women are increasingly cared for into their elder years by certified nurse-midwives. Prevention, assessment tool use, diagnosis and contemporary treatment of osteoporosis are key components of midwifery care across the lifespan. Analysis of osteopenia and osteoporosis pathophysiology and risk, the mechanism of action of bisphosphonates, and the oral health consequence of osteonecrosis of the jaw are presented. Bisphosphonate-associated medical-legal considerations and recommendations are included. This session will briefly address non-pharmacologic management for osteoporosis prevention and disease management.

ES207 ACNM 2014 Diversification and Inclusion Task Force: Member Survey Results and Lessons Learned

Mon, June 29

1:00pm-2:00pm

CEUs: 0.1

Track: Midwifery Matters – Public Perception

Presented by: Kim Dau, CNM, MS; Patricia Loftman, CNM, MS; Angelita Nixon, CNM, MSN; Jodi DeLibertis

Summary: ACNM is on the path to lead the profession in becoming more diverse and inclusive. We are focusing effort, time and resources on diversity and inclusion because: 1) Our patients need us to be adept at effectively serving families from a wide range of backgrounds and identities, especially in light of the increasing diversity of the US population. 2) Our profession's future depends on our ability to attract and to provide meaningful and fulfilling career opportunities to under-represented groups. 3) All of us in the College deserve an organization that values and make full use of our gifts, talents and experiences, and that supports us in sharing these with our educational programs and workplaces. Please join us to hear the findings of our 2014 Diversification and Inclusion Survey for ACNM Members, as well as details regarding ACNM's Diversification and Inclusion strategy moving forward.

ES208 Getting Unstuck: Updates in the Effective Management of Shoulder Dystocia

Mon, June 29

1:00pm - 2:00pm

CEUs: 0.1

Track: Clinical

Presented by: Jenifer Fahey, MSN, MPH, CNM

Summary: Shoulder dystocia is an intrapartum emergency that requires immediate recognition and a well-coordinated response to minimize the risk of injury to mother and the neonate. In this presentation, the epidemiology and risk factors for shoulder dystocia will be reviewed and the benefits and limitations of predictive models will be discussed. A management algorithm that incorporates the most recent evidence will be reviewed and each management step will be discussed. Pearls and pitfalls in the documentation and communication with the woman and family will be discussed as well as strategies to optimize provider and team response.

ES209 Sex: Challenging Questions and Practical Answers

Mon, June 29

1:00pm-2:00pm

CEUs: 0.1 Rx: 0.1

Track: Clinical

Presented by: Ami Goldstein, MSN, CNM, FNP

Summary: Every day in clinical practice, women ask questions regarding sexual health. From lubrication to sexual expression, midwives need to be prepared to discuss sexual concerns as well providing guidance for women. These

issues change from puberty to pregnancy and beyond menopause. Sexuality may also be impacted by chronic health conditions, medications and life experiences. This session provides midwives with information to educate and support women in seeking optimal sexual health.

ES210 Can You “Prove” the Value of Midwives to Your Healthcare System? Aligning Midwifery Datasets with the New Clinical and Attribution Data Standards for Maternity Care

Mon, June 29

5:00pm-6:00pm

CEUs: 0.1

Track: Midwifery Matters – Public Perception

Presented by: Maria Freytsis, CNM, MPH; Amy Romano, MSN,CNM; Leslie Cragin, CNM, PhD

Summary: This session will engage midwives in developing patient level data sets for their clinical settings that are aligned with the new standard definitions as well as other standards for midwifery data collection such as the American Association of Birth Centers Perinatal Data Registry (PDR) and the Midwives Alliance of North America Dataset (MANA STATS). Participants will be assisted in identifying the legal, policy, administrative and practice model barriers to accurately reporting on key midwifery outcomes in their practice settings. Participants will learn to develop quality improvement and research questions and will be assisted in developing datasets that are harmonized with the current standards and accurately capture the priority midwifery process and outcomes they have identified in the context of their collaborative practice settings. We will work together to strengthen the process of attributing outcomes of care to the relevant providers within collaborative systems. The multi-stakeholder ReVITALize project is an effort to standardize terminology used in clinical documentation and data reporting in obstetrics and gynecology. In 2014, the ReVITALize project released new obstetric data definitions to facilitate more accurate and standardized data collection in maternity care. Subsequently, ACNM led a consensus process to develop additional concept definitions that focus on identifying when midwifery care occurred, defining ways in which midwives collaborate with other providers, and capturing critical aspects of care such as care coordination and continuity. Developing methodology for attribution of maternity care outcomes is critical in the context of healthcare reform which is causing a shift to performance-based payment systems with increasing requirements for quality, performance and cost-effectiveness reporting by providers to maximize reimbursement. The development of accurate maternity care attribution models that incorporate the contribution of midwives hinges on availability of midwifery practice data documenting midwifery processes of care tied to clinical outcomes in patient level data collection systems. ***Attendees at this oral presentation are encouraged to bring digital or paper copies of their practice data collection variables to the session as there will be an opportunity to practice incorporating Clarity in Collaboration definitions into their existing datasets.***

ES211 Ending Preventable Maternal and Newborn Mortality Worldwide: How Do We Keep Mothers and Newborns a Focus in the Post-2015 Agenda's Global Goals and Strategies?

Mon, June 29

5:00pm-6:00pm

CEUs: 0.1

Track: Global Midwifery

Presented by: Mary Ellen Stanton, MSN, FACNM; Deborah Armbruster, CNM, MPH, FACNM; Donna Vivio, MPH, MS, CNM, FACNM; Karen Fogg, MPH; Suzanne Stalls, MA, CNM, FACNM

Summary: In the post-2015 Millenium Development Goals world, women's health will compete with other important Sustainable Development Goals. Will maternal and newborn health and family planning continue to achieve the necessary prominence to make accelerated progress to end preventable maternal and newborn mortality within a generation? This session will address this question and describe up to date information on current and evolving global agreements on global goals and targets in 2015. The groundbreaking work of the UN Commssion on Life Saving Commodities and its importance for maternal and newborn care in low resource settings will be presented. The latest evidence regarding co-morbidities of infectious diseases and undernutrition that are affecting maternal and newborn

mortality will be presented and linked with the programmatic implications for maternal newborn care in countries with high burden of maternal and newborn mortality.

ES213 DGH Research Forum I

Mon, June 29

5:00pm-6:00pm

CEUs: 0.1

Track: Miscellaneous

Presented in this forum:

1. Zambian Mothers Shelters: Examining Acceptability, Feasibility, and Sustainability

(Jody R. Lori, PhD, FACNM, FAAN; Eden Mdluli, MPH; Paul Chimedza, MBA; Gertrude Musonda, BA; Carol Boyd, RN, PhD, FAAN)

2. Birth Stories from South Africa: A Midwifery Global Perspective

(Marie Hastings-Tolsma, PhD, CNM, FACNM; Anna Nolte, PhD, RM; Lilan Paramor, RM, MS)

3. Results of a community-led educational intervention to improve family planning service demand and utilization among couples in rural Eastern DRC

(Nicole Warren, PhD, MPH, CNM; Nancy Glass, PhD, RN; Crista Johnson, MD; Maphie Tosha, MD, MPH)

4. Assessing the Feasibility of Utilizing eLearning Content in Midwifery Schools in Ghana: A Pilot Study

(Alison Trump, BA; Martha Appiagyei; Catherine Carr, DrPH, CNM)

ES214 The World Needs Midwives Now More Than Ever: Advanced Advocacy to Increase Awareness of and Access to Midwifery Care

Mon, June 29

5:00pm-6:00pm

CEUs: 0.1

Track: Midwifery Matters – Public Perception

Presented by: Kathryn Osborne, PhD, CNM; Cara Kinzelman, PhD

Summary: The June 2014 midwifery edition of The Lancet notes that, “Scaling up the contribution of midwives to the expansion of available reproductive, maternal, and newborn health care is a strategic option of great appeal for policy makers.” And yet policy makers often struggle to express who a midwife is, how the midwifery credentials differ from each other, and what ideal regulation of midwifery practice should look like. In order to unlock midwifery’s potential to radically transform the delivery of women’s health care services in the United States, we need to position ourselves to fill this void by being able to quickly and effectively articulate the value of midwifery services to policy makers. We also need to acquire a high level of familiarity with the legislative and regulatory processes in order to navigate the system with ease and savvy, thus resulting in increasingly successful advocacy efforts. Since midwifery practice is regulated at the state level it is incumbent upon CNMs/CMs to actively engage in the process of improving the regulatory environment for midwives in their individual states. The purpose of this interactive workshop is to provide tools to advance a legislative agenda for midwives who have a basic level of comfort with the legislative process.