When the Learning Stops and the Snoozing Starts: Development of a Recommendation for Student On-duty Time

The Ed Policy Section of the ACNM Division of Education
Megan Arbour, PhD, CNM, Section Chair
Tonya Nicholson, DNP, CNM, WHNP-BC

SIS Survey Result- Takeaways

- More than 75% of students who responded to the survey indicated that they are employed in addition to going to school
- 20% of students believed their programs had academic, clinic or employment hour limitations.
- 9% were aware of mandated rest periods between work and school or clinic
- 16% felt pressure by the program and 26% felt pressure by preceptors to attend clinical when they felt they had been working too many hours

SIS Survey Result- Takeaways

- 34.5% report nodding off or falling asleep on the drive home
- 63% felt unsafe driving home after clinic, hospital or didactic

DOME Survey Result- Takeaways

- Most midwifery education programs do not have academic, clinical or employment hour limitations
- Programs feel that they cannot forbid students from working and do NOT state that students can’t work
- ** PD’s report that it is uncommon for students to say they were working too much before heading into clinical
DOME Survey Result - Takeaways

- 15% of responding programs report that a student had described nodding off on the drive home
- Only 20% of responding programs have had students describe feeling unsafe driving after clinic, hospital or class [far fewer than the 63% of students who report same]

Our Task Today

- Brainstorm creative solutions to address the on-duty vs. on-call time conundrum
- Safety
- Efficiency
- Experience
- What are your ideas?

Emails

- Megan Arbour: megan.arbour@uc.edu
- Tonya Nicholson: tonya.nicholson@frontier.edu