

SPECIAL OFFER! Purchase this CEU at half-price before it expires!

Special Continuing Education Issue sponsored by JMWH: **Promoting and Supporting Breastfeeding: A Guide for Clinical Practice (2007/050)**

OBJECTIVES

After completion of this CEU issue, the participant will:

1. Understand the anatomy of ductal tissue in the breast
2. Identify causes of failed lactogenesis II
3. Counsel lactating women about contraceptive options.
4. Recognize symptoms of infectious breast inflammation
5. Describe successful asymmetric latch

3. Participants will receive a CEU certificate in the mail. Please allow 4 weeks for processing. The date on the CEU certificate will be the day remuneration and the completed Evaluation Form is received.

4. There is a rush fee of \$20.00 for immediate processing. All rush orders must be faxed with Visa or MasterCard information to 240-485-1818. Rush orders will be processed within 3 business days after credit card has been charged.

INSTRUCTIONS

This CEU issue has been approved by the ACNM for 3 CEUs (30 contact hours), inclusive 10 hours related to pharmacology. All evaluation forms must be received by December 31, 2009.

1. Complete this Evaluation Form.
2. Enclose a check or money order made payable to the ACNM, or Visa or MasterCard information for **\$100.00** and mail or fax to:

American College of Nurse-Midwives
 P.O. Box 759147
 Baltimore, MD 21275-9147
 FAX: 240-485-1818

CONTINUING EDUCATION CREDIT INFORMATION

ACNM is an approved provider of CEUs for CNMs/CMs. The CEUs earned through this CEU issue can be applied to the ACNM Continuing Competency Assessment (CCA) program and/or the ACNM Certification Council Certificate Maintenance Program (CMP). ACNM-approved CEUs are accepted for certification maintenance by the National Certification Corporation for the Obstetric, Gynecologic, and Neonatal Nursing Specialties and the California Board of Registered Nursing (CEP #2902). This CEU program is designed to meet Board of Nursing continuing education requirements in all states. Participants should check with their respective state authorities to determine acceptance of this program for relicensure.

Name: _____	Date: _____
Mailing Address: _____	Telephone : _____
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Payment Information:	\$100.00 <input type="checkbox"/>
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DIRECTIONS

After reading the articles, fill in the answers to the questions on the reverse side of this page in the space provided below. The evaluation questions must be answered to receive CEUs.

1. _____	3. _____	5. _____	7. _____	9. _____
2. _____	4. _____	6. _____	8. _____	10. _____

EVALUATION :

1. Accuracy of content: Poor _____ Fair _____ Good _____ Excellent _____
2. Currency of content: Poor _____ Fair _____ Good _____ Excellent _____
3. Relevancy of topics: Poor _____ Fair _____ Good _____ Excellent _____
4. Were the learning objectives for this CEU issue met by the material you read? yes _____ no _____

If your answer is no, what suggestions do you have? _____

5. Was this CEU issue an effective method of acquiring CEUs for you? yes _____ no _____

If your answer is no, what suggestions do you have? _____

6. What future topics would you like to have included in JMWH CEU issues? _____

7. Are there topics you are interested in writing about for submission to JMWH? _____

POST TEST QUESTIONS

Select the one best answer for each of the multiple choice questions below.

1. Recent research into the anatomy of the lactating breast has shown that milk ducts are: (Geddes D)
 - a. 15-25 in number
 - b. Do not display large dilated portions near the nipple
 - c. Non-compressible
2. Maternal diet affects the concentration of which of the following components of breast milk? (Kent JC)
 - a. Fat
 - b. Proteins
 - c. Vitamins and minerals
3. The best predictor of actual intake of breast milk intake by the infant after the first 96 hours of life is: (Hill PD)
 - a. Audible swallowing
 - b. Rooting
 - c. Weight gain
4. Which of the following is not an initial feeding cue? (Cadwell K)
 - a. Crying
 - b. Flexing
 - c. Mouthing
5. If the infant is correctly latching with an asymmetric latch,:
(Cadwell K)
 - a. More of the areola will show at the baby's nose than at the chin
 - b. The nipple will be in the middle of the infant's mouth
 - c. None of the areola will be showing outside of the infant's mouth
6. "Breast milk Jaundice" that occurs more frequently in the near-term infant is secondary to: (Meier PP and Degenhardt M)
 - a. Breast milk constituents that interfere with bilirubin metabolism
 - b. Infrequent stools from adequate breast milk
 - c. Preterm inability to excrete bilirubin efficiently
7. Which of the following defines delayed Lactogenesis II? (Hurst NM)
 - a. Feeling of fullness but no leaking at 3 days postpartum
 - b. Insufficient infant weight gain at 4 days post-birth
 - c. Longer than usual interval between birth and the onset of copious milk production
8. When comparing the symptoms of infectious and noninfectious mastitis, infectious mastitis is more likely to: (Betzold CM)
 - a. Be unilateral
 - b. Elicit a fever
 - c. Last longer than 24 hours
9. Women who are obese are likely to have which of the following breastfeeding problems? (Jevitt C et al)
 - a. Delayed lactogenesis
 - b. Mastitis
 - c. Milk stasis
10. Breastfeeding peer counseling has been shown to: (Rossman)
 - a. Increase breastfeeding duration and exclusivity
 - b. Increase newborn weight gain
 - c. Prevent delayed lactogenesis I

ANSWERS TO POST TEST QUESTIONS

1. B	3 A	5. A	7. C	9. A
2. C	4. A	6. B	8. B	10 A